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THE RIVER WEEKLY NEWS

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Vol. 16, No. 16

From the Beaches to the River District downtown Fort Myers

APRIL 21, 2017



Participants at a past Calusa Nature Center celebration

photos provided

Nature Center To Host Earth Day Celebration

The Calusa Nature Center and Planetarium (CNC) will host a full day of Earth Day activities designed to educate, empower and elevate environmental awareness on Saturday, April 22 from 10:30 a.m. to 9 p.m. The center is located at 3450 Ortiz

Avenue in Fort Myers.

Family-friendly activities will be held from 10:30 a.m. to 4 p.m. Attendees can participate in arts and crafts, watch Calusa Carvers woodworking and Skunk Lady demonstrations, and participate in live animal encounters throughout the day. There will also be an opportunity to lend a "volunteer" hand in Earth Day projects around the center, such as raking, painting and tree planting.

Special timed activities are:

- 10:30 a.m. to 11:30 a.m.: Family fun with Water and Trees theme that



An emerald moth at the nature center's butterfly pavilion

includes a time spent singing, dancing and making arts and crafts

- 11:30 a.m., 12:30 p.m. and 1:30 p.m.: Storytelling at the fire pit
- 1 p.m.: Live animal show in the museum starring CNC's animal and reptile residents

- Noon, 1:30 p.m. and 2:30 p.m.: Turn to the stars for one of three planetarium shows

Admission for the day is \$10 for adults and \$5 for children (ages 3 to 12).

At 6 p.m., Earth Day continues with Expedition Calusa, a VIP reception hosted by the CNC Board of Directors to share efforts to improve facilities, programs and impact on the region. As the area's only urban nature center, with 105 acres of trails in the heart of Fort

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New Exhibits Coming To The Alliance



Koi 2015 by Nancy Goodenow

photo provided

The Alliance for the Arts May exhibition, Pushing Boundaries: Art Quilters Unlimited, opens on Friday, May 5 from 5 to 7 p.m. Meet exhibiting artists during a conversational

walk and talk as they discuss their works on Saturday, May 6 at 10 a.m. The exhibit continues until Sunday, May 26.

During this exhibition, Nancy

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From left, Lexie Anne Cole, Steven Coe, Amy Tardif, Bonnie Knapp and John Repa

photo provided

A Charming Comedy/Drama At Lab Theater

by Di Saggau

It's 1939, Christmas Eve in Atlanta, Georgia. Hitler is on the rise in Europe, Clark Gable is in town for a premier of *Gone With The Wind* and the Freitag family is mostly concerned about Ballyhoo, the social event for Jews who are restricted from Christian country clubs. That's the main scenario in *The Last Night of Ballyhoo*, now showing

at Laboratory Theater of Florida. I loved this show. It is written by Alfred Uhry, author of *Driving Miss Daisy*, directed by Annette Trossbach, artistic director for the Lab and the solid cast performs in an excellent manner.

The Freitag home, in a well-to-do section of Atlanta, houses the unmarried patriarch Adolph (John Repa), his widowed slightly ditsy sister-in-law Reba (Amy Tardif) and widowed sister Beulah "Boo" (Bonnie Knapp). Boo chides her brother for bringing home a young Jewish employee with a Brooklyn accent and manners different than their own. One of her comments is shocking and shows a social separation

continued on page 8

Live the Gulf Coast Dream

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Historic Downtown Fort Myers, Then And Now:

Lundstrom's Jewelry

by Gerri Reaves, PhD



The east side of the First Street entrance to Patio de Leon surely is more appealing than it was when this circa-1980 photograph was taken.

At that time, downtown was yet to be officially designated as an historic district and improved in subsequent waves of redevelopment.

As the photo shows, the building was languishing a bit about four decades ago, although features such as the wrought-iron balconies and arched windows gave it character.

The large black-and-white sign in the center of the vintage photo marks the storefront where Lundstrom's Jewelry was

located from the early 1970s to the mid-1980s.

Run by Harold C. and Nell N. Lundstrom, the business's slogan was "where the unusual is the usual in jewelry."

One of the most interesting facts about that corner storefront is its long history as a jewelry store under a variety of names even long before it became Lundstrom's.

That 1914 building was an addition the 1905 Leon Building at the corner of First and Hendry. In 1912, Peter Tonnelier had bought that building, originally known as the Stone Block.

He was responsible for not only expanding the building, whose second floor was the Leon Hotel (today Leon Condominiums) but for constructing Patio de Leon (first called Tonnelier Court) between 1913 and 1915.

He also endowed the buildings and court with the Mediterranean-revivalist architectural style that still distinguishes them today.

By the 1920s, Allred Jewelry Company was there, followed by Nickell Jewelry, which remained until around 1940 and then moved to Broadway and Main.

The long-running Goff Jewelry then occupied the space by the patio entrance. Many locals will remember that store's landmark double-sided clock.



Lundstrom's Jewelry was located at the First Street entrance to Patio de Leon circa 1980. Most of the storefront's history was as a series of jewelry stores.

photo courtesy Florida State Archives



Today, the storefront is part of a lively scene in the River District, with shops at street level and condos above

photo by Gerri Reaves

By then, Harold Lundstrom was already established in the jewelry business that would later bear his name. He succeeded George D. Goff as manager when he was promoted and moved to Tampa.

In 1960, Rudolf Brothers bought the business, and the name changed to Rudolf (later Kay-Rudolf) Jewelry until about 1970.

Lundstrom's run of a dozen years or so followed. But like many downtown businesses in the late 1960s and in the 1970s, it relocated, first to the Edison Mall and later to Cleveland Avenue.

As for Lundstrom's former First Street location, yet another jewelry store, College Jewelers, moved in and continued the jewelry tradition.

However, since about 2000, the spell has broken and a variety of businesses have occupied the space: Cool Beans, a coffee shop; Café Venezia; Charme, a boutique; an art gallery; and most recently, a shop specializing in fair-trade, sustainable products.

Walk down First Street to the entrance to Patio de Leon to acquaint yourself with a storefront with an almost eight-decade history as a jewelry store.

Then, visit the following two research centers to learn more about the many businesses that have made the patio entrance a busy spot for more than a century.

The Southwest Florida Historical Society is an all-volunteer non-profit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit www.swflhistoricalsociety.org for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park.

Hours for the all-volunteer non-profit organization are 11 a.m. to 4 p.m. Tuesday through Friday and noon to 4 p.m. on Saturday.

For information, call 332-8778 or visit www.leecountyblackhistorysociety.org.

Sources: Archives of the Southwest Florida Historical Society.*

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Atlas day photos provided

Dining Booklet To Support Student Programs

The Fort Myers Gateway to the Islands Kiwanis kicks off their 9th annual Dining Discounts booklet with the help of 62 Lee County restaurants. Each restaurant provides discounts to diners when the Kiwanis dining booklet is presented to the server before ordering. Dining book distribution provides funds for the club signature projects at two Southwest Lee County Elementary Schools, as well as other annual service projects.

Over 400 students studying World Geography receive a World Atlas hard-back book of their very own to keep and use throughout the year of study. The informative atlas includes all the continents and countries with a display of all flags. This learning tool contains fascinating facts, population, climate conditions, as well as nearly every aspect of life for every person living anywhere in the world.

The other annual signature project conducted at both Heights and Rayma Page elementary schools, is a Book Fair held near the end of the school year. Media specialists from the two schools select a total of more than 2,000 books for students to choose. Every student then selects a book of their choice to

take home as their own. This not only encourages summer reading, but studies have shown that a child who chooses their book of interest to read will likely become a better reader in the future.

Participating restaurants are from Bonita Springs, Cape Coral, Fort Myers and Fort Myers Beach. For more information, visit www.kiwanisgtti.com or email gttikiwanis@gmail.com.✪



Troop 176 Give Back Challenge photo provided

Girl Scouts Share Plans For Projects

Fourteen members of Girl Scout Troop 176 shared some big plans for community service projects at their April 4 meeting, as part of the troop's Give Back Challenge. With five-hundred dollars in project support funds on the line, the competition was tough but friendly.

Girls were directed to research needs in the local community and develop plans for helping meet those needs. Guest judges Sandy Smith and Louise Hawthorne from United Way of Lee, Hendry, Glades, and Okeechobee Counties were asked to select the top five projects, based on which they thought would have the most community impact.

The five winners include troop members Penelope B., Sophia E., Maddalyn H., Catelyn H., and Sophia S. Their plans include projects to benefit JN "Ding" Darling Refuge,


Valerie's House and Furry Friends, as well as the establishment of a local lending library and a community garden. Each winner will be allotted \$100 from the troop's recent cookie sale profits to offset costs for their projects.


"I was so impressed with the presentations," said Sandy Smith, community development manager for United Way. "So many of them had done research and really thought about what they wanted to improve in the community."

Members of the troop range in age from first through third grade. "From the youngest ages, Girl Scouts helps girls develop skills and provides experiences that support them in giving back to their communities," said Lori Tomlinson, manager of communications and marketing for Girl Scouts of Gulfcoast Florida. "It's part of the Girl Scout DNA."

For more information about Girl Scouts of Gulfcoast Florida, visit www.gsgcf.org or call 800-232-4475.✪

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Dimensional Art Sought For Juried Exhibition

The Sidney & Berne Davis Art Center is seeking submissions of 2D and 3D art for its 2017 juried exhibition. The 8th annual juried art exhibition is asking artists to explore positive/negative themes. All entries must be received via an online submissions form by Monday, May 8 at 5 p.m. The Positive/Negative opening reception will be held on June 2 during downtown Fort Myers River District Art Walk.

Positive can refer to themes like good, light, occupied space, etc. In sharp contrast, negative can refer to themes like bad, dark, empty space, etc. The show's purpose is to exhibit how positive and negative forces cannot exist without one another, and how they can coexist. Pieces should explore the tensions and

contrast between positive and negative, both formally and thematically. Art can include opposite or opposing attitudes, symbols, energies, tricks of perception, etc.

Pieces submitted to the exhibition should fit the two themes. Artists must submit statements explaining how their pieces fit the theme. There are no specific guidelines for artwork dimensions and proportions, but the curator encourages innovative and unique installations. Artists may submit up to two pieces for consideration. All entries must be digital files uploaded via the June Juried Exhibition submission form. For complete guidelines and submission form, visit www.sbdac.com/2017-call-to-artists/.

Prizes include Overall Best of Show, in the amount of \$500, People's Choice in the amount of \$250 and SBDAC's Pick in the amount of \$250.

The Sidney & Berne Davis Art Center is located at 2301 First St. in the historic downtown Fort Myers River District.✪

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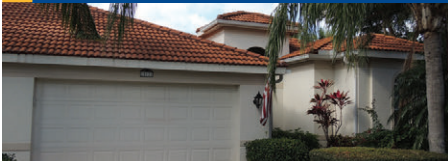
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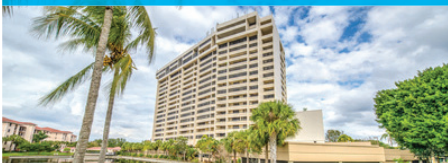
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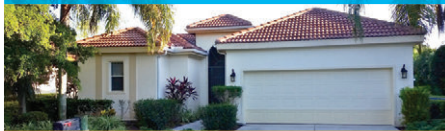
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Fort Myers Art:

Congressional Art Competition Winners Revealed



by Tom Hall

The winners of the District 19 Congressional Artistic Discovery Contest were announced last week at a reception held in Room J-117/118 in the Rush Library on the Lee campus of

Florida SouthWestern State College.

Top honors went to 14-year-old Emma Troyer for her mixed media work titled *My Florida*. Second place was awarded to Raja Al-Bahou for his graphite drawing titled *Resurrection*. Seventeen-year-old Deanna Craig received third place for her oil painting depicting a couple enjoying a sunset from the top car on a Ferris Wheel.



From left, artists Raja Al-Bahou, Deanna Craig and Emma Troyer pictured with Congressman Francis J. Rooney

Vino's Picasso owner Mercedes Price, Marco Island's Blue Mangrove Gallery owner Christie Marcoplos and Matlacha Island and Bealls artist Leoma Lovegrove judged the contest at the invitation of U.S.

Representative Francis J. Rooney.

"I appreciate everyone for participating and am glad to know there is such an abundance of talent here in Congressional District 19," stated Congressman Rooney at the awards ceremony and reception.

"It was very difficult to come up with just three winners because Southwest Florida has an awesome amount of talent, and each of the entries was deserving of recognition," added Lovegrove on behalf of all three judges. "All three of us admire the efforts of each of the participating artists, and we encourage all of you to continue creating and developing your art. You're just getting started and, with persistence and tenacity, each of you can enjoy long and successful careers in art and the genre of your choice."

The judges evaluated each entry on the basis of content (creativity and originality), quality (the technical execution of the work) and overall impression. The contest

was open to all high school students residing in Congressional District 19, an area from Fort Myers to Marco Island.

District 19 Congressional art contest is part of the national Artistic Discovery Contest that the United States House of Representatives holds each spring.

Using a vintage Polaroid camera, Troyer took a series of shots of locations in Jacksonville Beach and St. Augustine, which she then framed and strung together with tiny globe lights. As you go from frame to frame, a storyline or narrative emerges that is different depending upon the experiences and memories you, the viewer, bring to the installation. Her winning artwork will be displayed for an entire year in the U.S. Capitol Tunnels along with artwork from across the country. On top of that, Southwest Airlines is providing Emma with two round-trip tickets to Washington, DC so that she and her mother, Kirsten, can attend the reception for the opening of the national exhibit.

Al-Bahou credits Michelangelo as his inspiration for his time-intensive graphite drawing rendering of Jesus rising from the dead on Easter Sunday. Craig's Ferris Wheel oil painting is part of a series that she is doing on the motif of fairs and carnivals. Both will be exhibited in Congressman Rooney's Naples and Cape Coral district offices.

The Congressional Art Competition began in 1982 to provide an opportunity for members of Congress to encourage and recognize the artistic talents of their young constituents. Since then, more than 650,000 high school students have been involved with the nationwide competition.

*Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.**

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Chorale Final Season Concert

The Symphonic Chorale of Southwest Florida will present its final concert of the spring season at New Hope Presbyterian Church on Sunday, April 30 at 3 p.m.

Led by Artistic Director Dr. Trent Brown, the associate professor of choral music at Florida Gulf Coast University, Your Spirit Soars will present the 80-voice chorale with orchestral accompaniment. The performance is free.

According to Brown, "The final performance of the season for the Symphonic Chorale includes music that uplifts the spirit. Our diverse selections, from new commissions to popular spirituals, will appeal to all musical appetites. The program will begin with Baroque choruses including Bach's famed Easter cantata "Christ lag in Todesbanden." The past will intersect with the present when the chorale premieres three newly commissioned works created exclusively for them to perform."

Two new, original works will be premiered at Your Spirit Soars and both

composers are American Prize award-winners. One is a new composition by up-and-coming Wisconsin-based composer Zachary Moore, who will also be attending the concert and will be available to meet concert-goers after the performance. His music is set to words taken from William Blake's poetry. Visit www.zacharyjmoore.com to learn more.

The second new piece is by Dr. Timothy McDonnell, the founding artistic director of the Symphonic Chorale who is now director of choral activities at Catholic University of America in Washington, DC. His three-part composition is called the Spoon River Triptych. The first of the three pieces that comprise this trilogy was conducted by Dr. McDonnell, and performed by the chorale last season. The premier of the second and third pieces complete the composition. Visit www.timothy-mcdonnell.com to learn more.

Attendees are asked to visit www.symphonicchorale.org to reserve a seat. A free will offering will be collected during the performance to help defray production costs.

For more information, call 560-5695. New Hope Presbyterian Church is located at 10051 Plantation Road in Fort Myers.*



Meals on Wheels Driver of the Year Donald Clarkson is flanked by (left to right) Tracey Galloway, Jennifer Larsen and Rose Lawrence photos provided

Volunteers Honored At Reception

Community Cooperative honored hundreds of its volunteers at the Volunteer Appreciation Reception, held April 4 at The Crowne Plaza in Fort Myers.

Award recipients are:

- Volunteer of the Year: Kathy Saura
- Rising Star: Cindy VanHamlin
- Volunteer Groups of the Year:

Trafalgar Middle School Builders Club;
The Canadian Ladies Group

- Meals on Wheels Driver of the Year: Donald Clarkson
- "Volunteer Spirit" Award: Diane Hawkins

"We are extremely blessed to have some of the most dedicated volunteers here at Community Cooperative. They contribute countless hours of their time without ever asking for anything in return," said Tracey Galloway, CEO of Community Cooperative. "In the 33 years we have been serving our neighbors in need, multiple-thousands

of volunteer hours have assisted in facilitating the programs we provide to our clients. Our Meals on Wheels delivery volunteers drove over 227,000 miles last year delivering nearly 100,000 meals to our homebound elderly clients.

Chair-A-Tea Auction Bidding

Our Mother's Home of Southwest Florida is currently seeking online bidders for more than 20 one-of-a-kind, hand-painted chairs for their fundraising Chair-A-Tea Party silent auction at Artichoke & Company in Bonita Springs on Saturday, May 13 from 2 to 5 p.m.

The online auction at www.OurMothersHome.com will be available now through Friday, May 12. The highest online bid by the end of that day will be the starting bid for the silent auction on May 13.

A recent call to artists to create chairs for the benefit was answered by local artist Janet Vince and Captiva Island restaurant owner Sandy Stilwell, who teamed up to paint a set of fun, island-style rocking chairs.

Vince is a Captiva Island artist and former colleague of the late Robert Rauschenberg. Currently working as a freelance painter and muralist, she has done many murals and faux finishes for homes and restaurants on Captiva.

Stilwell is the owner of Stilwell Enterprises, a group of seven restaurants spanning across Captiva,

Sanibel and Fort Myers. She is also well known for her community support and was eager to contribute to the cause for Our Mother's Home.

"I am happy to be a part of this fundraiser to benefit the girls. It will be fun to see all of the creative talents come together and, at the same time, sharing more about this worthy not-for-profit organization through this event," said Stilwell.

The colorful pair of rocking chairs is currently on display at Summerlin Jake's Seafood & Steaks, located at 17501 Harbour Pointe Drive in Fort Myers. Online bidding for Chair #20 can be found at www.ourmothershome.com/2017/04/chair-20/.

The nonprofit organization collected more than 20 chairs for the auction. They will all be displayed at businesses from Fort Myers down to Naples. The chairs can also be viewed online where people can choose their favorite chair to win Best of Show at the event.

Visit www.OurMothersHome.com/ event to purchase tickets at \$40, learn more about the event or vote for your favorite chair. Call 267-3333 to purchase tables of eight or more.

Artichoke & Company is located at 11920 Saradrienne Lane in Bonita Springs.✱

Spring Fling 2017 Date Changed

The annual butterfly release at the Holton Eco-Preserve will take place at the annual Spring Fling Festival on Saturday, May 13 from 9 a.m. to 1 p.m. Learn about all plants bright and beautiful in the Southwest Florida environment.

Besides the second annual butterfly release, the festival includes guest speakers, children's activities, vendors and food with demonstrations. Speakers and workshop hosts will present new ways to enjoy plants and insects in the local environment. Between noon and 1:45 p.m., there will be activities including face painting, games and

the ladybug release. Pine Manor Community Garden will be providing a continental breakfast and lunch featuring homegrown vegetables and refreshments for purchase. All food proceeds will help to fund the work done at the community garden in downtown Fort Myers.

A wide variety of fruit trees, herbs, vegetables and native plants as well as honey, soaps, worm castings and oils will be for purchase. An Ask the Expert table will include Lee County Master Gardeners. Tours of the Bill Brewer Family Gardens and/or the Holton Eco-Preserve will also be conducted.

For more information, contact Bill Petrarca at 561-2700. Holton Eco-Preserve is located at 13411 Shire Lane off Daniels Parkway in Fort Myers.✱

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Along The River

Hooters of Fort Myers will hold a **pet adoption event** called Hooters & Hounds this Saturday, April 22 from noon to 4 p.m.

The Hooters Calendar Girls will team up Gulf Coast Humane Society, Big Hearts For Big Dogs Rescue and Lee County Domestic Services for the free benefit. Come out and adopt a dog.

Hooters of Fort Myers is located at 4411 Cleveland Avenue. Visit www.hootersflorida.com for more information.

Junior Achievement of Southwest Florida will host the 5th annual **Breaking Par Gala & Golf Tournament** this Saturday and Sunday, April 22 and 23 at **The Club at Grandezza**, located at 11481 Grande Oak Boulevard in Estero. The two-day event includes a gala dinner at 5:30 p.m. on Saturday, featuring live and silent auctions, followed Sunday morning with a Shotgun Scramble Golf Tournament at 8:30 a.m., and concludes with a luncheon and awards ceremony.

Tickets for the Saturday gala dinner and auctions and the Sunday golf tournament and awards luncheon are \$175. Tickets for the Saturday gala dinner only are \$65. Learn more at www.JASWFL.org/Grandeza-Golf-Tournament/

Cypress Lake Middle School will hold the inaugural **Run The Lakes 5K Run/Walk** at **Lakes Regional Park** this Sunday, April 23 at 8 a.m.

Officials at the local middle school are raising funds to support students as they strive for success in academics, arts and athletics. Post-race, there will be a raffle including a hotel stay, dinner gift cards, a booklet of Eager Beaver Car Wash coupons and more. Also, awards will be given to the overall male and female winners, and to the top three males and females in various age groups.

Lakes Regional Park is located at 7330 Gladiolus Drive in Fort Myers. Visit www.endurancesportstiming.com/events/2017/04/run-the-lakes-for-cypress-lake-middle to register.

The School District of Lee County recently announced **2017 Lee County Athletic Conference Hall of Fame** inductees will be honored at a banquet this Sunday, April 23 at the **Crowne**



Cypress Lake Middle School students will host their first 5K Run/Walk at Lakes Regional Park photo provided

Plaza Hotel at 5 p.m. Tickets are \$25 per person.

Lee County Athletic Conference Hall of Fame Class of 2017 includes Clyde Allen of Fort Myers High School; Alvin Ashley of Mariner High School; Ikechukwu "EK" Binns of Island Coast High School; Eddie Carmean of Cape Coral High School; and Sheldon Fleming of East Lee County High School. Contributors include Gary Freis of Fort Myers High School and Don Justice of Cape Coral High School

The Crowne Plaza Hotel is located at 13051 Bell Tower Drive in Fort Myers. For tickets, email Jackie Smith at JacquelineSM@lleschools.net.

Night For Life will celebrate its 10th anniversary at **Broadway Palm Dinner Theatre** in Fort Myers this Monday, April 17 from 5 to 9 p.m. The fundraising event is sponsored by the Organ Transplant Recipients of Southwest Florida, Inc., to benefit local organ transplant patients and those on the transplant waiting lists. This event also raises awareness about organ donation.

Entertainment this year includes the popular local band 41 South. Tickets are \$35 per person, \$50 for VIP seating. Cost includes a buffet dinner, program, entertainment and the

popular silent and Chinese auctions. Doors open at 5 p.m., with auctions from 5:30 to 8 p.m. and the dinner buffet from 5:30 to 7 p.m.

For tickets, call David Weinstein at 560-3401. For more information, visit www.organsupport.org.

Alliance for the Arts Youth Theatre presents *Peter Pan Jr.*, directed by Youth Theatre Director Carmen Crussard with music direction

Lake Kennedy Senior Center

Glow Party

Lake Kennedy will host an evening of music, fun and friends with favorite local entertainer Barbara Dexter on Friday, April 21. Doors open at 6:30 p.m. and show time is 7 p.m.

Dexter, who has been singing and entertaining for over 20 years, will play favorites from the 1960s to today. Her career began in a 1980s dance band that traveled throughout the United States. Her talent for sequencing and

by PJ McCready and choreography by Christopher Dean Anderson. The performances feature a dual cast with Megan Salerno and Avery King as Peter Pan.

The first performances will begin this Wednesday, April 26 at 7 p.m. Other performances include Thursday, April 27 and Sunday, April 30, both at 7 p.m., Friday, April 28 at 8 p.m. and Saturday, April 29 at 3 p.m. and 8 p.m. Tickets are \$10 presale, \$20 for adults, and \$15 for students and seniors.

For tickets, visit www.ArtInLee.org or call 939-2787.

Experience one of the best birding sites in Lee County during a **walk with a bird patrol guide** at **Bunche Beach** this Thursday, April 27 at 5:30 p.m.

Interested participants are asked to meet on the beachfront. The event, provided in cooperation with Lee County Parks and Recreation, is free with parking fee of \$2 per hour (tour is approximately two hours). Restrooms are in the building within the first parking lot.

Bring binoculars, sun protection, shoes that can get wet, a bottle of drinking water, your curiosity and love of nature.

Bunche Beach is located in south Fort Myers off Summerlin Road. The beachfront is on the south end of John Morris Road.

For more information, call 707-3015 or visit www.birdpatrol.org.✪

playing her keyboards allows her to sound like she has a full band behind her. Her continued success is attributed to her natural ability to perform several different styles and genres of music, appealing to audiences of every age.

Cost is \$10 per member and \$15 per non-member. Appetizers, and beverages will be served. Party attire and glow apparel encouraged but not required. BYOB. Preregistration required.

Lake Kennedy Senior Center is located at 400 Santa Barbara Boulevard in Cape Coral. For more information, call 574-0575.✪

From page 1

Lab Theater

between Orthodox Eastern European Jews and German-American Jews. Joe, played by Steven Coe, is the young man from Brooklyn hired by Adolph, an interesting choice of name considering the time period.

Joe falls in love with Sunny (Kate Dirrigl), Reba's daughter. She is intelligent but ignorant of her roots. Describing Ballyhoo, she says, "It's just a bunch of dressed-up Jews dancing around, wishing they could kiss their elbows and turn into Episcopalians." She also doesn't know the meaning of the Yiddish word "klutz," which seems a bit far-fetched.

Lala (Lexie Anne Cole) is a flighty,

high-strung young lady who is enthralled with Scarlett O'Hara and is desperately hoping to be invited to Ballyhoo. She is fiercely jealous of Sunny, which comes out full force in one scene. She has her sights set on Peachy (Tyler Charpentier) who comes from Louisiana Jewish aristocracy to escort her.

It's great the way the actors make you care about them. *The Last Night of Ballyhoo* is a compelling tale of domestic tensions in a household and all their ancient baggage. It is well-constructed with a balance of sadness and comedy featuring complex characters and how they relate to each other. *'Ballyhoo'* plays through Sunday, April 30 at Laboratory Theater of Florida, 1634 Woodford Avenue, in Downtown Fort Myers. For tickets, call 218-0481 or visit www.laboratorytheaterflorida.com.✪

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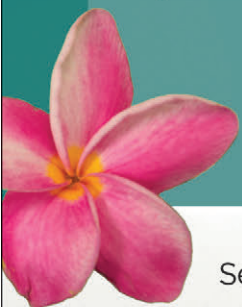
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From left, Carolyn Conant, Dawn-Marie Driscoll and Nori Ann Reed photos provided



Sierra Minott Jones and Carolyn Rogers

Fund Contributor Spring Luncheon

Nearly 100 Women's Legacy Fund (WLF) contributors and Prima Donors recently attended a complimentary and exclusive spring luncheon in celebration of the WLF's 10th anniversary.

A fund of the Southwest Florida Community Foundation, the Women's Legacy Fund is a group of women who foster the immersion of women in philanthropy and develop the region's next philanthropic leaders.

The luncheon included facilitated discussions around the three grant focus areas selected by the WLF grants committee including STEM programs/vocational training for women and girls, micro-lending programs for women and business/market support for women.

In its first 10 years of existence, the WLF has been able to provide \$142,000 in grants to benefit people and communities in Southwest Florida. Currently, the fund has \$638,000 in endowment that will continue to help fund local issues now and in the future.

Contributors to the WLF give a



Robbie Roepstorff and Sarah Owen



Deb Penuel and Nina Paight



Connie Lizak and Kathryn Kelly



Ruth Condit and Barbara Yeomans

minimum of \$250 each year (\$100 for women younger than 25). The first half of contributions is pooled for the purpose of immediate annual grants, while the second half is pooled into the WLF's endowment fund that provides additional grants to be made both now and in years to come. Prima Donors are local women who have contributed \$10,000 or more to the WLF endowment and are committed to making an impact in their community through charitable giving.

For more information, call 274-5900 or visit www.floridacommunity.com. ✨



Christina Harris Schwinn and Karen Benson

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION

Sunday 9 and 11 a.m., Adult Education Workshop 10 a.m. 2756 McGregor Boulevard, allfaiths-uc.org, 226-0900.

ALL SAINTS BYZANTINE RITE CATHOLIC

Sunday 10:30 a.m. 10291 Bayshore Road, 305-651-0991.

ANNUNCIATION GREEK ORTHODOX

Sunday 9 and 10 a.m. 8210 Cypress Lake Drive, annunciation.fl.goarch.org, 481-2099.

BETH SHILOH MESSIANIC SYNAGOGUE

Friday 8 p.m., Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

BREAD OF LIFE MINISTRIES

Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.

CHABAD LUBAVITCH ORTHODOX

Friday 6:30 p.m. 5620 Winkler Road, chabadswf.org, 433-7708.

CHAPEL OF CYPRESS COVE

Sunday 10 a.m. 10200 Cypress Cove Circle, revtedalthouse@aol.com, 850-3943.

CHURCH OF THE CROSS

Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

CONGREGATIONAL

Sunday 10:30 a.m. 1619 Llewellyn Drive, taecc.com, 334-4978.

COVENANT PRESBYTERIAN

Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

CYPRESS LAKE BAPTIST

Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.

CYPRESS LAKE PRESBYTERIAN

Sunday 8, 9, 10 and 11 a.m. 8260 Cypress Lake Drive, www.clpc.us, 481-3233.

CYPRESS LAKE UNITED METHODIST

Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH FELLOWSHIP WORLD OUTREACH

Sunday 10:30 a.m., Thursday 7:30 p.m., Friday 7:30 p.m. 6111 South Pointe Boulevard, 278-3638.

FAITH UNITED METHODIST

Sunday 8:45 and 10:30 a.m. 15690 McGregor Boulevard, 482-2030.

FIRST CHURCH OF CHRIST, SCIENTIST

Sunday 10:30 a.m. 2390 West First Street, christiansciencefortmyers.net, christianscience.com.

FIRST CHURCH OF THE NAZARENE

Sunday 10:30 a.m. and 6 p.m. 13545 American Colony Boulevard, 936-2511.

FIRST UNITED METHODIST CHURCH

Sunday 9:30 a.m. and 5:30 p.m. 2466 First Street, www.fumcftmyers.org, 332-1152.

FORT MYERS CHRISTIAN

Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

FORT MYERS CONGREGATIONAL

UNITED CHURCH OF CHRIST; Sunday 10 a.m., 8210 College Parkway, 482-3133.

IONA-HOPE EPISCOPAL CONGREGATION

Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m. 9650 Gladiolus Drive, 454-4778.

JESUS THE WORKER CATHOLIC

Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m. 881 Nuna Avenue, 481-1143.

KINGDOM LIFE

Sunday 10:30 a.m. 2154 McGregor Boulevard, 218-8343.

LAMB OF GOD

Sunday 7:45 and 10 a.m. 19691 Cypress

View Drive, lambogodchurch.net, 267-3525.

NEW BEGINNINGS CENTER

Friday 6:30 and 7 p.m. 8505 Jenny Cae Lane, nbcministry@embarqmail.com, facebook.com/nbcministry, 656-0416.

NEW COVENANT EYES

Monthly 9 a.m. 1900 Park Meadows Drive, newcovenanteyes.com, 220-8519.

NEW HOPE BAPTIST

Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503.

NEW HOPE PRESBYTERIAN

Sunday 8, 9:30 and 11 a.m. 3825 McGregor Boulevard, www.newhopefortmyers.org, 274-1230.

PEACE COMMUNITY

Sunday 10:30 a.m. www.17671PineRidgeRoad.com, 267-7400.

PEACE LUTHERAN

Sunday 9:30 a.m. 15840 McGregor Boulevard, www.peaceftmyers.com, peace@peaceftmyers.com, 437-2599.

REDEEMER LUTHERAN

Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

RIVER OF LIFE ASSEMBLY OF GOD

8, 9:45 and 11:30 a.m. 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER

Meditation classes. MeditationInFortMyers.org, 567-9739.

SAINT COLUMBKILLE CATHOLIC

Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m. 12171 Iona Road, 489-3973.

ST. FRANCIS XAVIER CATHOLIC

Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m. 2157 Cleveland Avenue, 334-2161.

SAINT JOHN THE APOSTLE

METROPOLITAN Sunday 10 a.m. 3049 McGregor Boulevard, 344-0012.

SAINT MICHAEL LUTHERAN

Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m. 3595 Broadway, 939-1218.

SAINT NICHOLAS MONASTERY

Sunday 9:30 a.m. 111 Evergreen Road, saintnicholasmonastery.org, 997-2847.

ST. VINCENT DE PAUL CATHOLIC

Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m. 13031 Palm Beach Boulevard, 693-0818.

SOUTHWEST BAPTIST

Sunday 11 a.m.; Wednesday 6 p.m. 16940 McGregor Boulevard, 454-3336.

TEMPLE BETHEL SYNAGOGUE

Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. 16225 Winkler Road, templebethel.com, 433-0018.

TEMPLE JUDEA (CONSERVATIVE)

Friday 6:30 p.m. and Saturday 9 a.m. tjswfl.org, 14486 A&W Bulb Road, 433-0201.

THE NEW CHURCH

Sunday 11 a.m. 10811 Sunset Plaza Circle #401, newchurchflorida.com, 481-5535.

UNITARIAN UNIVERSALIST

Sunday 10:30 a.m. 13411 Shire Lane, uucfm.org, 561-2700.

UNITY OF FORT MYERS

Sunday 9:15 and 11 a.m. 11120 Ranchette Road, unityoffortmyers.org, 278-1511.

WESTMINSTER PRESBYTERIAN CHURCH

Sunday 9:30 and 10:45 a.m. 9065 Ligon Court, 481-2125.

WORD OF LIFE

Sunday 10 a.m., Wednesday 7 p.m. 2120 Collier Avenue, 274-8881.

ZION LUTHERAN

Sunday 8, 9:30 and 10:45 a.m. 7401 Winkler Road, zionfm.org, 481-4040. ✨

FORT MYERS FARE

DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels.

It's a well-known gathering place with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

708 Fisherman's Wharf, Fort Myers Beach. Call 765-9660.

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LaMotta's Italian Restaurant & Pizzeria was established in 1979 and is one of the longest-running family eateries in the Fort Myers area. Chef Camelo LaMotta serves traditional Italian dishes such as chicken parmesan, lasagna, pizza and calzones as well as specialty creations like osso bucco, lobster risotto, pescatore and filet Florentine.

Try LaMotta's New York-style pizza, cooked in a 500-degree oven for the perfect crunchy slice. For specialized desserts, treat yourself to cannolis and tiramisu along with a cappuccino or coffee.

Hours include Monday through Friday from 11 a.m. to 9 p.m.; Saturday from noon to 9 p.m.; Sunday from 4 to 9 p.m.

15660-225 San Carlos Boulevard, Fort Myers, 482-5505.

SUMMERLIN JAKE'S

Summerlin Jake's Seafood and Steaks, a sunset dining water view restaurant in Fort Myers, located near the Sanibel Bridge, offers new American cuisine prepared in the old Florida tradition. Paying tribute to the rich history of Punta Rassa, where Jake Summerlin owned a wharf that he used to ship his cattle to Cuba and the local waters that are famous for being the home to big game fishing, Summerlin Jake's offers freshly caught local seafood, tender, juicy prime steaks, smoked ribs, brisket & chicken and heart-healthy, vegan choices that are locally sourced, hand-selected and artfully prepared. Summerlin Jakes is open Monday through Friday 11 a.m. to 10 p.m. and Saturday and Sunday 8 a.m. to 10 p.m. (Breakfast served 8 to 11:30 a.m.). Happy Hour is 3 to 6 p.m. daily. Live music on Friday and Saturday 5:30 to 10 p.m.

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Terra Nostra Ristorante Italiano serves classic Italian fare in the former Cork & Barrel suite in the Target center at 15880 San Carlos Boulevard.

Owners Fernando and Sao Uva welcome you to their new location after spending many years on Fort Myers Beach. They bring over Chef Anthony Grandepiogga and Maitre d' Reginald Beach. The establishment seats 156 people, including outdoor dining.

The mission of Terra Nostra is to serve homemade food in a restaurant environment. Try some of Fernando's hand-crafted specialties: Bouillabaisse, Chicken Monte Carlo and Penne a la Fiero. With these selections and house favorites, you will never leave hungry. Have a drink from the full liquor bar or sip from the many hand-selected wines or ports. A family atmosphere and attentive service will make your dinner a dinner to remember.

Terra Nostra is open six days a week from 4:30 to 10 p.m. It is closed Tuesday until further notice.

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Local Navy Officer Gains Blue Jacket Award

submitted by Rick Burke, Navy Office of Community Outreach

A Fort Myers native was named the reserve center's full-time support Blue Jacket of the Year for 2016 for Navy Operational Support Center (NOSC) Atlanta.

Petty Officer Third Class Aveyon J. Williams was recognized for being a consistently superior performer among sailors in the E-1 through E-4 pay grades.

Since joining the Navy in 2014, Williams has been stationed for two years at NOSC Atlanta as a personnel specialist. She is a manpower and reserve services clerk handling pay and entitlements for more than 1,200 sailors for her command.

"Petty Officer Williams' determination to work towards the command mission and unit morale set her apart from her peers," said Personnel Specialist 1st Class Ebony Peele, the leading petty officer for reserve services at NOSC Atlanta. "She has grown so much and she continues to excel. I know she will be great to the fleet when it is time for her to move on."

In addition to her primary duties, Williams participates in morale, welfare



Mass Communication Specialist 2nd Class Jessica Dupree photo provided

and recreation and command training and command assessment programs, and belongs to the Junior Enlisted Association. She also has volunteered at local schools and for Navy funeral honors.

"Volunteer work is important to her," said Peele. "Being a good example of leadership in the Navy makes her proud to wear the uniform."

"I never knew what it felt like to be looked up to until I joined the military," Williams said. "I humble myself by giving back to the sailors and the community."✱✱

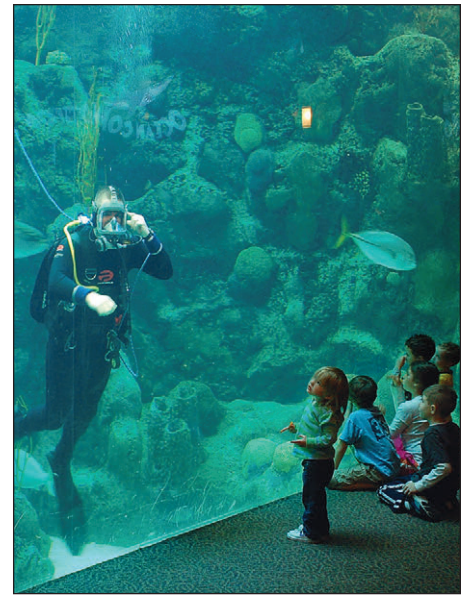
Lake Kennedy Senior Center

Aquarium Tour & Dolphin Cruise

The Kennedy Cruisers are off to Tampa to explore the wonders of the sea at the Florida Aquarium and on a dolphin cruise on Thursday, April 27. Interested participants are asked to arrive at 7:45 a.m. for the 8 a.m. departure.

The Florida Aquarium is rated in the top 10 best aquariums in the country. Be prepared to be mesmerized by the unusual creatures of the sea and the awe-inspiring plant life that live in this underwater paradise. There will be a multitude of exhibits and touch tanks where you can feel many sea urchins. Also, get ready to set sail on an incredible wild dolphin cruise.

The cost of this aqua adventure, including a 75-minute wild dolphin cruise, is \$74 per member and \$79 per non-member. Dutch treat lunch. Preregistration required.



Florida aquarium photo provided

Lake Kennedy Senior Center is located at 400 Santa Barbara Boulevard in Cape Coral. For more information, call 574-0575.✱



Dahlia Dry photos provided

International Science Fair Qualifiers

Four students from Fort Myers High School received top honors at the Thomas Alva Edison Regional Science and Engineering Fair and at the 62nd Annual State Science and Engineering Fair. Their projects qualify to compete in the Intel International Science and Engineering Fair in Los Angeles, California in May.

Dahlia Dry is a 10th grader in the IB program. She designed and conducted her project – Looking into the Past for Insight on the Future: Predictive Analytics and Data Science for Time Series Data – on her own. It uses data generated with a Raspberry pi and then adapted a financial projection program to see if she could predict wind shifts in a more localized area. Dry is an avid competitive sailor and is interested in predicting wind shifts for sailing. She placed third in the



From left, Jash Patel, Ethan Leung and Shaan Chaudhari

State Science Fair, is a state finalist and an FGCU Scholarship recipient.

Jash Patel, Ethan Leung and Shaan Chaudhari placed fourth in Physics & Astronomy (Senior Division) at the State Science Fair. All three young men are in the IB program. They each won FGCU Scholarships for their project, Effects of Neodymium Magnetic Fields in Rhizochlonium Algae. The project used small, but powerful, neodymium magnets to generate a magnetic field around growing algae. Their project also placed second runner up in the Physical Science Division.

The Intel International Science and Engineering Fair (Intel ISEF), a program of Society for Science & the Public, is the world's largest international pre-college science competition.

Each year, approximately 1,800 high school students from more than 75 countries, regions and territories are awarded the opportunity to showcase their independent research and compete for on average \$4 million in prizes.

Intel ISEF unites these top young scientific minds, showcasing their talents on an international stage, where doctoral level scientists review and judge their work.✱✱



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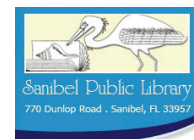
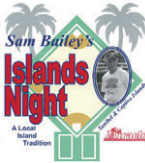
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SANIBEL Music FESTIVAL



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Doc Ford's Charity Golf Tournament
Edison & Ford Winter Estates
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Florida Express Baseball
Florida Gulf Coast University Athletics
Florida Repertory Theatre
Florida SouthWestern State College
Florida SouthWestern State College Foundation
Fort Myers Community Concert Association
Friends Who Care
Gateway Soccer Association
Gateway Trinity Lutheran Church
Gulf Coast Humane Society

Kevin Maschmidt Memorial Golf Tournament
National Fire Safety Council
PACE Center for Girls of Lee County
Play for Pink Dunes Women Golf Association
SanCap Cares
Sanibel-Captiva Art League
Sanibel-Captiva Rotary Club
Sanibel Captiva Sail and Power Squadron
Sanibel-Captiva Shell Club
Sanibel Little League

Sanibel Police Department Pension Board
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Selloum can cause mouth, throat and skin irritation
photos by Gerri Reaves

Plant Smart

Protect Children And Pets From Plant Toxicity

by Gerri Reaves

Not to provoke undue alarm, but many of the common plants found in our landscapes and inside our homes are toxic. It's not just poison ivy (*Toxicodendron radicans*) we need to look out for.

The number of variables pertaining to plant toxicity boggle the mind.

A toxin can be mildly irritating or deadly. To add to the complexity, only part of the plant might be toxic – the seeds or fruit, for example – and even then, perhaps only when unripe.

Fruit that birds or other wildlife consume without harm might be toxic to humans.

In addition, a fruit that causes grave symptoms in a small child or pet might be much less toxic – if at all – to a full-grown adult.

Poisonous effects can manifest themselves in a variety of ways, including skin or respiratory irritation, narcotic effects and purgative effects.

For example, dumb cane (*Dieffenbachia seguine*) and selloum (*Philodendron selloum*) are two species well known for causing mouth, throat and skin irritation in people and animals.

Even the smoke from burning



Cycad species, of which cardboard palm is one, are sufficiently toxic to kill pets that ingest the seeds

oleander (*Nerium oleander*) has serious detrimental effects on the respiratory system.

Here are just a few more common plants that have toxic properties: sisal or agave (*Agave sisiana*), Madagascar periwinkle (*Catharanthus roseus*), golden pothos (*Epipremnum pinnatum*), scarlet milkweed (*Asclepias curassavica*), crown of thorns (*Euphorbia milii*), poinsettia (*Poinsettia pulcherrima*), night-blooming jasmine (*Cestrum nocturnum*), angel's trumpet (*Datura candida*), kalanchoe (*Kalanchoe delagoensis*) and lantana camara (*Lantana camara*).

Even the popular mango tree (*Mangifera indica*) can be a problem for some people, with contact causing itching, swelling and blisters. The flowers can be a respiratory irritant.

Fortunately, survival instinct insures that people and plants coexist safely most of the time. An adult is unlikely to try an unfamiliar tropical fruit, lest something undesirable result.

But placing curious children and pets in proximity to toxic plants isn't worth the risk if a child or pet ends up suffering.

Oleander and cycads are among the most common toxic plants in the South Florida landscape.

Since oleander's wood, leaves, flowers, and smoke are highly toxic, some homeowners simply eliminate it from the landscape.

Native coontie (*Zamia integrifolia*), as well as the popular non-natives cardboard palm (*Zamia furfuracea*) and sago palm (*Cycas revoluta*), are toxic,



All parts of oleander are very toxic and can induce a long list of symptoms, including nausea, vomiting, respiratory paralysis and unconsciousness. Even the burning wood and the honey are toxic.

especially the seeds.

Coontie's seeds and roots are toxic, and Native Americans and Florida pioneers could consume the starchy rootstock only after lengthy special processing.

Dogs have died from ingesting cycads, and the deaths are preceded by intense suffering and symptoms that can include vomiting, bloody feces, neurological damage and liver failure.

Cycads such as sago palm are so toxic that people handling any part of the plant should not only wash their hands afterward, but wash their clothing and gardening tools as well.

If you ponder just how many plants have some degree of toxicity, you might not only be confused but over-whelmed.

It's useful to remember that toxicity is one of the many survival strategies plants have evolved and can even be useful in medical research.



Crown-of-thorns has toxic roots and a sap that causes skin-irritation and blisters for some people

Most important is exercising common sense and caution to keep children and pets safe.

Sources: *Florida's Poisonous Plants, Snakes, and Insects* by Lewis S. and Betty M. Maxwell; *The Painful Reality of Plant Toxicity* by Elizabeth Barrett RVT, CCRP; *Plants Poisonous to People in Florida and Other Warm Areas* by Julia F. Morton; *Poisonous Plants and Animals of Florida and the Caribbean* by David W. Nellis; aspca.org; petmd.com; and petpoisonhotline.com.

*Plant Smart explores the diverse flora of South Florida.**

From page 1

Nature Center

Myers, it is vital that this 48-year-old community center be reinvigorated by caring members of the community.

"The goal is to inform and excite the Southwest Florida community about the future of the Calusa Nature Center & Planetarium," said Larry Aguilar, CNCP's new executive director. "Like a butterfly, we are in metamorphosis and we will see it come into full beauty with the strong support of our community. Expedition Calusa will set the tone for the future, and we hope to raise significant funds, as well, to further our mission."

Food, wine and entertainment sponsors include Chef Keith Meyer, Ada's Market, Moody River Grille, Prawnbroker Group, Ellie Bee Bakery and Norman Love. Entertainment will be from Aiyb Dieng, a world-renowned Senegalese drummer, and students from the Cypress Lake High School creative arts programs.

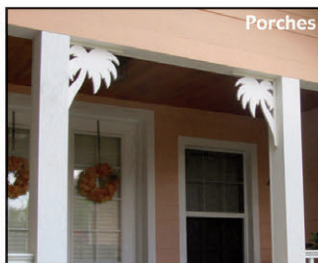
Funds raised will support infrastructure improvements, animal care, staffing and program development. A limited number of VIP reception tickets are available. Expedition Calusa is free but RSVP is required by emailing Director Larry Aguilar at director@calusanature.org or calling 275-3435.*



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CROW Case Of The Week:

Eastern Screech Owl Hatchling



by Bob Petcher

Young birds sometimes fall from their nests. Unfortunately, that is a fact. The problem lies on what you should do when you come across a nestling or fledgling on the ground without a nest or parents in plain sight. Should you rescue it by bringing it to a wildlife rehabilitator or should you leave it and keep an eye on it

from afar to make sure a cat or other creature doesn't bother it with hopes that mom or dad eventually finds it?

Nestlings, which are featherless and newly born, can be blown out of their nest on a windy day or during a storm. Try to locate that nest and place the baby back in it. If no nest is found, create a substitute by using a make-shift container with brush or torn-up paper towel inside, and then hang it on a tree near where the bird was found and place the baby inside it. Remember: It is a myth that mother birds abandon baby birds touched by human hands.

Fledglings, which are juveniles that are not yet competent fliers, sometimes outgrow their nests. In fact, these birds may have been grounded after trying flight. They can spend days to even weeks hopping around on the ground, learning hunting and foraging skills from their near-by parents who are trying to rear them.

In both cases, these birds are usually not orphaned and should not be rescued. In most cases, it is best

not to interfere. Natural parents do a much better job at raising their young than humans could ever do.

Finders should only seek professional care for a bird if it is injured, ill or "absolutely certain it is orphaned," said CROW intern Dr. Julia Hill. Injury or illness signs include a broken limb, body bleeding, patches of missing feathers, shivering and making low noises. Dr. Hill says it is best to call a wildlife rehabilitator like CROW and ask questions before any attempt at transport to a facility or taking it home.

On April 12, CROW reached a milestone by admitting its 1,000th patient of 2017.

An eastern screech owl hatchling was estimated to be only a few days old and had yet to open its eyes. The bird was reportedly brought to Specialized Veterinary Services in Fort Myers, one of CROW's drop-off locations in Lee County. Unfortunately, no information was filled out about where the bird was found, making it difficult to locate the nest and parents. If the nest and parents are not found, the young owl will remain at the clinic until it has grown enough to fly and hunt on its own.

"Unfortunately, this is the only option we are left with in this case. Because no information was provided, it is unknown if the parents were around or if the original nest could be located," Dr. Hill explained. "The best thing to do if a bird is found alone on the ground is to call a wildlife clinic like CROW to find out more information about what can be done. The finder will be able to be advised as to the best course of action to help the animal."

Some featherless baby birds must be fed very frequently during daylight hours. That is a huge commitment. The young patient is currently receiving supportive and nutritional care while being housed with another.

"The young owl has opened its eyes and has a great appetite," Dr. Hill added after last weekend. "It is eating soft mouse pieces (no bones or fur)."



An eastern screech owl hatchling is CROW's 1,000th patient of 2017
photo by Brian Bohlman

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.*

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Conditions Slowly Get Back To Normal



by Capt. Matt Mitchell

This week's fishing was about being able to switch it up either by moving to somewhere different or going after a totally different species. By doing these things, we

did get to enjoy some of the better big trout action I have seen in some time, but this only happened because the snook bite was really slow at times and we just needed to just do something else. Then, while on other trips during really high afternoon tides, the snook bite went off exactly as planned with many oyster bars producing wide open action.

Cooler than usual mornings allowed for only a slow warming of our water temperatures. Only now more than a week after the big cool down has our water temperature recovered enough for

the snook to get back on track, making that annual spring move to the passes. After the big drop in water temperature just over a week ago, snook fishing really grounded to almost a complete halt for a few days and is just now getting back to how good it was. These snook have finally begun to show up where they should be this time of year in and around the passes. Look for big numbers to be in all our passes and out on the beaches over the next few weeks. We did pretty good at times with pass fishing for snook this week during the slower tide periods when we just needed to find moving water. There was not much else that was going on in the sound.

While in the passes targeting snook, we also caught some really large trout which also swim into the passes and out on the beaches this time of year. Sheltered shallow grass flats on the eastern side of the sound where not only great places to hide from the wind but also resulted in some excellent trout action too this week. The surprising part of this bite was how shallow we were catching these keeper-sized fish. Limits came easy most days fishing in water only two feet deep. Chumming a scoop or two of live shiners had these trout boiling and popping, then it was just a matter of pitching a free-lined shiner to the swirl to



Clients visiting from Boston got to enjoy catching a few large redfish with Capt. Matt Mitchell this week

hook up. This bite would go on until the dolphins moved in and crashed the party.

Tarpon fishing is far from in full swing yet but they are certainly showing up again all over as our water temperature gets back into the mid 70s. I've been seeing a few rolling fish while I'm catching bait at sunrise. That gets me fired up and ready to start tarpon fishing. Then, at the end of the day, I run into a few of my guide friends who always begin taking tarpon trips in April. The cooler water and often windy conditions have made it tough going and far from a consistent bite.

If you can't wait a little longer, its worth soaking some cut baits in the

deeper holes in the southern sound where a few early season fish have been caught. Or if its one of the few light wind days, make that run out to Knapps Point and start looking in 20 to 25 feet of water. After years of the weather messing up my early season scheduled tarpon fishing, I now don't book any tarpon trips until May 1.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com. ✨

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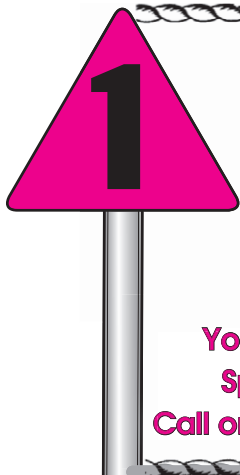


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Dave Doane



From left, 2017 FGCU Hall of Fame honorees Jordan Blankenship, Emmalyn Green, Caroline Haney, Andrea Jarquin, Nyasia Jenkins, Nora Johnson, Sara Lohbauer, Paul Olivera, Logan Schulz, Sarah Stauring with FGCU President Wilson G. Bradshaw, FGCU Dean of Students Michele Yovanovich and FGCU Vice President for Student Affairs J. Michael Rollo.

photo provided

FGCU Students Inducted Into Hall Of Fame

Ten graduating seniors were inducted into the Florida Gulf Coast University (FGCU) Hall of Fame on Thursday, April 6 — the highest recognition given to distinguished students at the Fort Myers college.

"The Hall of Fame is reserved for students who have demonstrated superior leadership, integrity and achievement through their activities, service, scholarship and academic excellence," said FGCU Vice President for Student Affairs J. Michael Rollo. "These students have had an exceptional impact on our campus and distinguished themselves as leaders among our many other outstanding students."

A committee of faculty, students and alumni reviews nominations and selects up to 10 honorees each spring. The 2017 inductees, along with their programs and highlights of their achievements, include:

- Jordan Blankenship of Estero (art, with digital design minor): Honors College; Arts Exploration Club president; National Council on Education for the Ceramic Arts member; Seidler Grant for Research recipient; intern and volunteer for Empty Bowls fundraiser to combat hunger.

- Emmalyn Green of Wellington (political science, with education minor): Honors College senator; Student Government vice president; mentor for Honors, Athletics and Center for Academic Achievement; 2015 Campus Compact Newman Civic Fellow in

recognition of community engagement.

- Caroline Haney of Key Largo (communications with concentration in public relations, marketing minor): Honors College; resident assistant; Student Government; Florida Public Relations Association – FGCU Student Chapter president; completed three internships.

- Andrea Jarquin of Miami (communication, sociology): Honors College; Eagle View Orientation team leader; resident assistant and resident life team assistant; teaching assistant; president of Students Interested in Student Affairs.

- Nyasia Jenkins of Utica, New York (health science): Honors College senator; resident assistant; Eagle View Orientation leader; service-learning ambassador; Phi Eta Sigma National Honor Society chapter president; Public Health Student Association vice president.

- Nora Johnson of Naples (finance): Honors College mentor; FGCU Athletics marketing intern; University Ambassador Program student director; FGCU St. Baldrick's Day director of community outreach; published and presented research at National Conference on Undergraduate Research.

- Sara Lohbauer of Anthony (biology, with chemistry minor): Honors College senator; co-founded FGCU Cancer Research Program, which provides research, advocacy, fundraising and service opportunities; published and presented cancer research at national conferences.

- Paul Olivera of Campeche, Mexico (finance): Established and raised funds for an endowed scholarship honoring his late sister, an FGCU alumna; student

government; Emerging Eagles; Rotaract Club.

- Logan Schulz of Bradenton (philosophy with chemistry and biology minors): Honors College; Sigma Chi fraternity president; International Ambassador; Global Medical Brigades;

volunteer in Nicaragua.

- Sarah Stauring of Naples (biology): Honors College mentor; University Ambassador; active in Recyclemania, Eagles Earth Day and Green the Greeks sustainability programs.✪

Senior Vice President And Director Named

Sanibel Captiva Community Bank has promoted Jonathan Ruiz to senior vice president and director of information technology (IT). He is responsible for all technological infrastructure, security and facility management; overseeing implementation of new software and hardware to help automate processes; managing customer-facing applications such as online and mobile banking; and handling additional IT-related functions.

Ruiz joined the bank in 2005 and has more than 16 years of IT experience. Prior to joining Sanibel Captiva Community Bank, he operated an IT repair company and served as an IT technician and also network administrator.

A Cape Coral resident, Ruiz obtained his associate's degree from



Jonathan Ruiz

photo provided

Florida SouthWestern State College in network systems technology and holds Cisco CCNA Security and CompTIA certifications.✪

Chronic Disease Self-Management

Lee Health's Lee Health Solutions, in partnership with many local community agencies and supported in part initially by a grant from the Southwest Florida Community Foundation, is offering It's All About You, a research-based chronic disease self-management program developed by Dr. Kate Lorig of Stanford University.

The program is designed for people

18 years of age or older with chronic health conditions to help them learn ways to better manage their chronic conditions and the symptoms that often accompany chronic health conditions.

The free workshop is 2.5 hours once a week for six weeks. The workshop will be offered on Thursdays beginning on April 27 from 1 to 3:30 p.m. at the Surgical Healing Arts Center, located at 6150 Diamond Centre Court, Suite #1300 in Fort Myers.

For more information or to register, call 343-9264.✪



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Financial Focus

How To Be An 'Environmentally Friendly' Investor



by Jennifer Basey

On April 22, we observe Earth Day, a worldwide event focusing on protecting the environment. As a citizen of this planet, you may want to take part in Earth Day activities.

And as an investor, you can learn some valuable lessons from the environmental movement.

Here are a few ideas to consider:

- "Recycle" proven strategies.

Over the past few decades, we have discovered ways of bringing new life to objects we would have previously thrown away. When you invest, you also don't need to discard things you've used before – such as proven investment strategies. For example, one tried-and-true technique is to simply purchase investments appropriate for your needs and risk tolerance, and then hold these investments until either your situation changes or the investments themselves are no longer the same as when you bought them. (To illustrate: You might have bought stock in a company

whose products or services are not as competitive as they once were.)

- Avoid "toxic" investment moves. Since the first Earth Day in 1970, we have had some success in identifying and eliminating toxins in our air and water. You can also find – and avoid – "toxic" investment moves. One such move is chasing a "hot" stock. By the time you hear about this stock – from a friend, relative or even a television or internet commentator – it may already be cooling off. Even more importantly, it might not be suitable for your needs, either because it's too risky or because you already own several similar stocks. "Hot" stocks aren't so hot if they aren't right for you.

- Reduce "excess" investments in your portfolio. Environmentalists stress the need for all of us to reduce our "footprint" on earth – that is, we can help improve the environment by owning less "stuff." The same idea can also apply to investing. If you took a close look at your portfolio, you might find investments that you've held for years but whose purpose is no longer clear to you. Some may even be duplicates, or near-duplicates, of other investments. You might be able to improve your financial picture by getting rid of this "clutter." By selling investments you no longer need, you could use the proceeds to purchase new investments that may be far more effective in helping you meet your objectives.

- Plant "seeds" of opportunity. Many Earth Day lesson plans for students emphasize the value of planting gardens and trees. As an investor, you also need

to look for ways to plant "seeds" of opportunity so that you can eventually harvest the results. Specifically, look for those investments that, like trees, can grow and prosper over years and decades. Of course, growth-oriented investments carry investment risk, including the possible loss of principal. Yet, to achieve your long-term goals, such as a comfortable retirement, you will need some growth potential in your portfolio. You can reduce the level of risk by owning a mix of investments – including less aggressive vehicles, such as

bonds – in your portfolio.

Each year, Earth Day comes and goes. But its messages have had a profound impact on generations of people interested in preserving our environment. And translating some of these lessons to the investment arena can have a powerful effect on your financial future.

This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.✴

Community Involvement Fair

Organizations will have a unique opportunity to meet new community members at The Great Big Community Involvement Fair at the Southwest Florida Performing Arts Center in Bonita Springs on Wednesday, April 26 from 4 to 7 p.m. The fair, hosted by the Bonita Springs Estero Economic Development Council (BSEEDC) and the area's largest employers, will connect employees with sports clubs, cultural groups, volunteer organizations and more. It will help working people in Southwest Florida make friends and get involved.

The Great Big Community Involvement Fair is a first-time event to give organizations the opportunity to connect with people looking to join, play, volunteer, support, donate and give back to the community. The goal of the fair is to connect area employees with these groups to help them make Southwest Florida feel like a home, not just a workplace.

The current list of table sponsors includes: AAA Auto Club, American Red Cross, Blue Zones Project Southwest Florida, Bonita Springs Young Professionals, Broadway Palm Dinner Theatre, Community Cooperative, Florida Gulf Coast University, Girl Scouts of Gulfcoast Florida, Harry Chapin Food Bank, Make-A-Wish Southern Florida, Meals of Hope, Naples Zoo, PACE Center for Girls - Lee County, Physicians Regional Healthcare System Volunteer Program, Rasmussen College, Ronald McDonald House Charities Southwest Florida, Royal Palm Academy, Special Equestrians, Inc., The Immokalee Foundation, YMCA of Bonita Springs and Young Professionals of Fort Myers, Estero and Cape Coral.

Tables are reserved for special interest groups, health and wellness organizations, churches and religious groups, sports teams and facilities, arts and cultural centers and social service agencies. Interested organizations should call the BSEEDC at 333-2332 for a table. Table space is limited, so early registration is encouraged.✴

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Female Pioneers of Fort Myers

Women Who Made a Difference in the City's Development

By Robin C. Tuthill and Thomas P. Hall

“Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too.”

Gerri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*

Nominees Set For Entrepreneur Award May 10

The 2017 Distinguished Entrepreneur of Southwest Florida Award will be presented at the annual awards dinner on Wednesday, May 10, from 6 to 9 p.m. at the Southwest Florida Performing Arts Center in Bonita Springs. The FGCU Florida Small Business Development Center announced the final 30 nominees recently.

The 2017 nominees include: Tanya Veit, AAE Glass LLC; Jeanne Sweeney, Above Board Chamber of Florida; Jeff Poirier, AXI International; Louis Bruno, Bruno Air Conditioning; Jenn Zella, CID Design Group; Shane Bailey, Cloud 9 Thermal Imaging and Home Watch; John and Sue Benkert, CPR Tools Inc.; Dan Puleio, Cape Cleaners; Jamilla D. Brooks, Desire To Inspire; Lisa Cochrane, Dorado Property Management; Caryn Smith, CEO, Driven By Design LLC; Dr. Anais Aurora Badia, Florida Skin Center, Inc.; Bradd Konert Jr., Gamma Tech Services, LLC; Michaela Reiterer Henning, Hlevel Architects; David Mulicka, Honc Destruction; Carleen McIlveen, Imagine By Carleen Inc.; Kirk McFee, Kirk's Coney Island; Bess Charles, LadyCakes Bakery; Lori S. Adams, Lori's Movin and Groovin for Lori Adams Enterprises, LLC; Lourdes

McLeod, McLeod's Construction, Paint & Restoration LLC; Guido A Minaya, Minaya Learning Global Solutions LLC; Misty Kinzel, Misty's Sunshine Cleaning LLC; Keith Daubmann, MY Shower Door/D3 Glass; Lora McCann, Peace of Mind Patient Advocacy, LLC; Andreas Dolleschal, Smargasy Inc.; Brian Rist, Storm Smart, Inc.; Gavin Cresswell, Str8 Up Aviation; Carline Proux, The CarlonCo; Samuel Lewis, Wear The Fund LLC; and Christopher Gregg Fous, WooBamboo!

The awards recognize three Southwest Florida business owners for their business success, innovative technology and business advocacy. The event provides an opportunity for the local business community to celebrate their achievements. Hallmark sponsor for the sixth year is Markham Norton Mosteller Wright & Co. Other sponsors include Florida Gulf Coast University Foundation, *Gulfshore Business*, *Southwest Florida Business Today*, The News-Press Media Group, Spiro and Associates, Spada, Tamiami Angel Funds, Grasmeyer Business Services and Platinum PEO Resources Inc.

Tickets for the award ceremony and dinner are \$75 per person. Sponsorships are still available. Tickets can be purchased online at www.fsbdcswfl.org or by contacting the FSBDC office at 745-3700 or email sbdc@fgcu.edu.

For more information, contact Amanda Stirn at astirn@fgcu.edu or 745-3706.✴

Six Women Of Distinction Honored

The Republican Women of Cape Coral, Federated (RWCCF) recently held their inaugural Women of Distinction Awards Ceremony at the Lake Kennedy Community Center.

The sold-out event celebrated six women of Lee County as role models and highlighted their accomplishments and contributions to the community. The award winners included business professionals, a public official, an educator and a student. The group ranged in age, profession and community involvement.

The 2017 Women of Distinction are:



From left, Karen Ramos (accepting for Sally Jackson), Shannon Treece, Mary Hess, Connie Ramos-Williams, Robin Dawn Ryan and Rana Erbrick. Connie Ramos-Williams was also named Woman of the Year.

photo provided

Rana Erbrick, Mary Hess, Robin Dawn Ryan, Shannon Treece, Sally Jackson

and Connie Ramos-Williams. Ramos-Williams was also chosen as the first

Woman of Year by the event's planning committee.

The event also served as a fundraiser. A portion of the proceeds will go to the group's Caring for America projects that include veteran issues such as training rescue dogs for veterans with PTSD. "We surpassed all our goals with this event" said Missi Lastra, RWCCF president. "The success of this event has allowed us to provide our first scholarship to a local youth at the Mayor's Scholarship Dinner later this month." The event served as an outreach effort for the new club whose mission is to educate and inform residents of the candidates and issues that affect our daily lives.

For more information, visit www.ladiesleadingright.com or email ladiesleadingright@gmail.com.✧

Workforce Study Results Released

The fourth annual Southwest Florida workforce overview study has been released and provides key information about industries, occupations, employment gaps and projected job growth.

Which Southwest Florida occupations have the largest gaps between the number of workers demanded by employers and the available supply in the labor market?

According to this year's study, two of the top 10 occupations (registered nurses and physical therapists) are in the health care industry, which compares from four of the top 10 in the previous year's report. Others include retail supervisors, supervisors for food preparation and serving, retail salespersons, maintenance and repair workers, construction trades supervisors, landscaping and groundskeepers, financial service sales agents and administrative supervisors.

The study is conducted annually by WorkForce Now, a research initiative that studies the regional workforce and is comprised of researchers from Florida Gulf Coast University, Hodges University and Florida SouthWestern State College. WorkForce Now is a partner in the FutureMakers Coalition, a cross-sector coalition from Hendry, Glades, Collier, Lee and Charlotte counties with the

shared goal of closing the higher education gap and, more importantly, retaining those high-skilled Southwest Floridians in jobs within the region.

The Florida Department of Economic Opportunity study/data identified 4,725 current employment gap positions for Southwest Florida, signifying a 40 percent increase (or 1,353 positions) compared to the figure reported in the Workforce Overview Study for 2015.

"The findings support that economic recovery continues with employment and unemployment rates reaching levels closer to long-term values," said Dr. Aysegul Timur, dean of the Johnson School of Business at Hodges University. "For instance, when we compare to the last year's data, the Southwest Florida largest industries ranking remains the same, where the construction industry has the most employment gain by approximately 13 percent, continuing to rebound from the great recession. On the other hand, the last year's top-ranked employment gap, registered nurses, changed from -534 to -114 positions in the present study."

The top 10 projected high-demand regional growth occupations for 2015 to 2023 include retail salespersons, waiters and waitresses, food preparation and serving workers, cashiers, landscaping and grounds keeping workers, secretaries and administrative assistants, registered nurses, carpenters, customer service representatives and construction laborers.

Additional findings of the study include:

- The data shows consistency with those of last year, in terms of the positions listed, median wage and minimum education required. There was a small amount of fluidity in the order and type of positions listed. For instance, registered nurses fell from first to eighth in terms of short-term employment gaps in the present survey; meanwhile, its median wage rose a mere 21 cents.
- Economic recovery continues with employment and unemployment rates reaching levels closer to normal long-term values;
- Southwest Florida has 539,261 employed workers, compared to 9.68 million employed in Florida and 157.13 million for the nation;
- The average annual Southwest Florida wage is \$40,189 compared to \$45,562 for Florida and \$52,876 for the nation;
- The largest industries by employment are retail trade (19.0 percent), accommodation and food services (15.5 percent, same as last year), health care and social assistance (13.8 percent, down from 14.1 percent last year), construction (10.6 percent, up from 9.9 percent last year), and administrative and waste services (7.1 percent, same as last year);
- The largest industries by wage income are health care and social assistance (17.6 percent, down from

18.1 percent last year), retail trade (13.9 percent, up from 13.8 percent), construction (11.1 percent, up from 10.3 percent), professional and technical services (8.6 percent, up from 8.3 percent), and accommodation and food services (8.4 percent, same as last year, but down to 5th from 4th);

"It remains the case that the demand for jobs in our region is in those industries based on retirement and tourism," said Dr. Christopher Westley, director of Regional Economic Research Institute Lutgert College of Business at Florida Gulf Coast University. "This fact alone goes far in explaining why our region's wages lag the state's. It underscores the need for industry diversification, too."

WorkForce Now will be presenting the results at the 2017 Florida College Access & Success Summit on May 11 in Orlando.

The full study can be downloaded from the Regional Economic Research Institute's website at www.fgcu.edu/cob/reri/wfn/wfn_docs/workforce_now_overview201612.pdf

The FutureMakers Coalition is one of Lumina Foundation's 75 national Community Partners in Attainment. Residents are encouraged to join and support this community-changing initiative. For more information, visit www.FutureMakersCoalition.com, call 274-5900 or email Tessa LeSage at TLeSage@floridacommunity.com.✧

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Ban On Women Running The Boston Marathon Defied 50 Years Ago



by Ed Frank

Last Monday's 120th running of the Boston Marathon brought back memories of the horrors four years ago when two homemade bombs detonated near the finish line, killing three people and injuring several hundred others, including 16 who lost limbs.

But the event also marked the 50th anniversary of the first woman to officially compete in the famed marathon – a landmark event that changed the face of women competition in sports.

Back in those days, women were considered too frail to compete in marathons and were banned from the world's oldest marathon. However, that didn't stop a 20-year-old journalism student at Syracuse University, Katherine Switzer, from ignoring this blatant racist ban.

She registered as KV Switzer and received bib number 261. She finished the race in four hours, 20 minutes, but not without a forcible attempt to remove her from the race. A photo sequence of the attempt has become an enduring image in the history of the Boston Marathon.

When race director Jock Semple spotted Switzer, he grabbed her bib and pulled at her, shouting, "Get the hell out of my race and give me that number." He was shoved away by Switzer's boyfriend and she completed the marathon.

On Monday, 50 years after Switzer changed history, she returned for her ninth running of the marathon wearing bib number 261. Now 70 years old, she finished under the qualifying time of 4:44:31. That bib number has been retired as part of Boston Marathon history.

Everblades On Brink Of Playoff Elimination

Despite their 2016-17 regular season success in which they had the best record in the 13-team Eastern Conference of the ECHL, the Florida Everblades face elimination in the first round of the Kelly Cup playoffs after losing both home games last week to the Orlando Solar Bears, 4-2 and 3-2.

The best-of-seven series shifts this weekend to Orlando for Games 3, 4 and a possible Game 5 beginning tonight, Thursday. Florida must win two of these three games on foreign ice to force possible Games 6 and 7 back here at Germain Arena next week.

What is puzzling about the two home-ice losses is the fact that the Everblades dominated Orlando during the regular season, including a thumping 10-0 victory in the final game of the regular season before a Germain Arena sellout crowd of 7,703. It was the second biggest win in team history.

Florida, which last won the league's Kelly Cup Championship in 2012, entered this year's playoffs having recorded 97 points in the regular season with a record of 39-7-5-21. Orlando was the eighth and final team in the Eastern Conference to make the playoffs after recording 82 points with a 32-4-10-26 record.

Miracle Lost Eight Of First 10 Games Before Sunday's Pitching Gem

Having lost eight of their first 10 games, the Fort Myers Miracle baseball team was looking for a much-needed win last Sunday at Daytona before their long five-hour bus ride home.

And that's exactly what they got when right-hander Randy LeBlanc tossed his second straight scoreless start in a 5-0 victory over the Tortugas. He allowed just three hits over seven innings.

The 25-year-old right-hander also produced seven scoreless frames April 10 at Tampa.

This is LeBlanc's second season with the Miracle after going 5-7 here a year ago. Late in the season, he moved up to Double A Chattanooga where he was 1-0 in two starts.

Following four home games this week against Florida at the CenturyLink Sports Complex, the team travels to Dunedin this weekend before returning home next Tuesday for a long, 10-game homestand hosting Bradenton, Dunedin and Daytona.*



Katherine Switzer

photo by Stephen Savoia, Associated Press



Bella Signs & Designs

photo provided

Digital Imaging Business Among Platinum Sponsors

Bella Signs & Designs has joined the Platinum Sponsors for the sixth annual "Ding" Darling & Doc Ford's Tarpon Tournament on Friday, May 19. Proceeds from the "catch, care, and release" tourney, presented by "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS), will benefit wildlife and conservation education at JN "Ding" Darling National Wildlife Refuge.

Because the tournament pays out 100 percent of the entry fee (\$500 per boat of up to four) as tournament

awards, DDWS raises money exclusively through sponsorships and a silent auction during the captain's dinner at Doc Ford's Rum Bar & Grille Fort Myers Beach on Thursday, May 18. Bella Signs & Designs joins recently announced sponsors at the platinum level: Congress Jewelers, Florida Weekly, Mabry Brothers, Inc. and Suncoast Beverage Sales.

For more information on the tournament, visit www.dingdarlingtarpontourney.org. To learn about becoming a sponsor or donating an auction item to raise support for the overall conservation efforts at the JN "Ding" Darling National Wildlife Refuge, including water quality and education, call Miller at 292-0566.*

SPORTS QUIZ

1. In 2016, Colorado's Trevor Story became the fifth major-league player since 1900 to homer in each of his team's first four games. Name two of the other four to do it.
2. Which Cy Young Award winner had the highest ERA?
3. Since the 2000 college football season, how many Heisman Trophy winners have been running backs?
4. How many times has Los Angeles Clippers guard Chris Paul led the NBA in assists per game for a season?
5. When was the last time before 2016 that the Montreal Canadiens tallied 10 goals in a game?
6. Wayne Taylor Racing captured the Rolex 24 at Daytona in 2017. When was the last time the team won the race?
7. Who was the last British female tennis player before Johanna Konta in 2016 to reach the top 10 in the rankings?

ANSWERS

1. Chris Davis (2013), Nelson Cruz (2011), Mark McGwire (1998) and Willie Mays (1971). 2. Lamar Hoyt when the team was known as Sun Trust Racing. 7. Jo Durie, in 1984. 3. Three – Reggie Bush of Southern Cal (2005) – later vacated), Mark Ingram of Alabama (2009) and Derrick Henry of Alabama (2015). 4. Four times – the 2007-08, 2008-09, 2013-14 and 2014-15 seasons. 5. It was 1990, versus Pittsburgh. 6. It was 2005, 2007-08, 2008-09, 2013-14 and 2014-15 seasons. 7. Jo Durie, in 1984.

From page 1

New Exhibits

Goodenow's impressionistic and abstract works will be on display in the Member Gallery and landscape painter Richard Stanton's work will be on display in the Theatre Gallery.

"Fiber art is a unique way to exchange ideas," said exhibitions coordinator Krista Johnson. "Throughout time, different cultures everywhere have been, and still are, weaving and sewing."

Art Quilters Unlimited is an active creative group of contemporary fiber artists in Southwest Florida. The group creates fine art wall hangings based on their experiences, imagery and ideas rather than traditional patterns. Techniques include machine and hand threadwork, shibori and discharged fabric treatments, painted surfaces, 3-D assemblages, wall sculptures and mixed media.

The Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information, call 939-2787 or visit www.ArtInLee.org.*

Autism Day

With April being National Autism Awareness Month, the School District of Lee County Exceptional Student Education Department along with Family Initiative, Inc. will hold Autism Acceptance Day at Christ Community Church on Saturday, April 22 from noon

to 4 p.m.

The event will feature games, sensory activities, a bounce house, refreshments and arts and crafts.

Autism is a developmental disability that affects how a person thinks, learns, communicates, and relates to other people.

Christ Community Church is located at 4050 Colonial Boulevard in Fort Myers.*

Book Review

The Woman Next Door



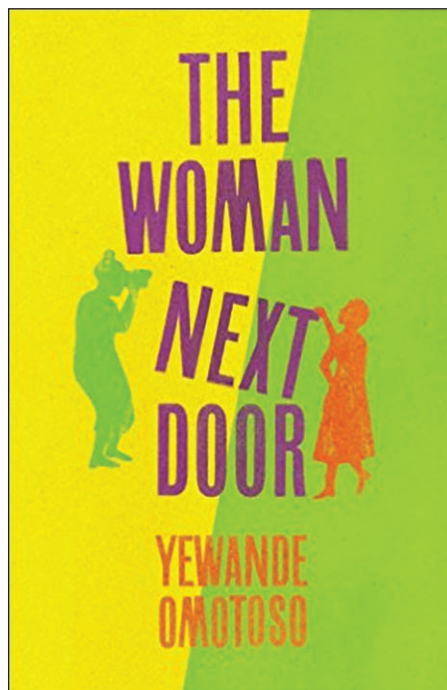
by Di Saggau

South African author Yewande Omotoso makes her U.S. debut with *The Woman Next Door*. It tells the story of two cantankerous octogenarians.

Two women, one black and one white, are neighbors who discover after 20 years of exchanging digs and insults that they might be able to help one another. Hortensia James and Marion Agostino have a lot in common. Both are in their eighties, widowed and have had highly successful careers. They are bitter and lonely and what separates them is not skin color and money, it's the fear of reaching out and making oneself vulnerable enough to connect intimately.

Hortensia, age 85, has headaches that she calls resentment. At the age of 31, she started to hate. Being the only black person living in her surroundings, she felt disgust for the white gentry and for herself as well. Hortensia did not like her neighbor but then she did not like most people. She fell in love with a white man in 1950 London, and became used to saying, "Yes, Peter is my husband." Like many marriages, theirs did not remain a happy one. He dies after a long illness, and his dying wish forces her to face some uncomfortable truths about their marriage.

Marion, age 81, is facing financial problems and about to lose her home due to her husband's financial recklessness. She remembers a painting that has been stored away for years and feels it might fetch enough money to last her until she dies. When her home is due to go on



the market, her children mention two words that together give her a fright: "retirement" and "village."

These two strong-willed women are committed enemies. They live in an affluent neighborhood in Cape Town, South Africa. One day, an accident brings them together. As they start to break down their defenses, they discover that it's never too late to seek understanding. This book will make you laugh and cry and it will stun you with its insights of shattered dreams, hidden desires, painful secrets and loneliness that many feel at one time or another as they age.

The author's observations are both heart-breaking, and humorous. She talks about one man who speaks as if his words were precious and he knew the person he was talking to couldn't really afford them. *The Woman Next Door* is a story of the common ground we sometimes find in unexpected places, told with incredible warmth and wry humor.✱

technology – and is shaped in return by experience.

Many Mental Disorders Appear During Adolescence – All the big changes the brain is experiencing may explain why adolescence is the time when many mental disorders – such as schizophrenia, anxiety, depression, bipolar disorder and eating disorders – emerge.

The Teen Brain Is Resilient – Although adolescence is a vulnerable time for the brain and for teenagers in general, most teens go on to become healthy adults. Some changes in the brain during this important phase of development actually may help protect against long-term mental disorders.

Teens Need More Sleep Than Children And Adults – Although it may seem like teens are lazy, science shows that melatonin levels (or the "sleep hormone" levels) in the blood naturally rise later at night and fall later in the morning than in most children and adults. This may explain why many teens stay up late and struggle with getting up in the morning. Teens should get about nine to 10 hours of sleep a night, but most teens don't get enough sleep. A lack of sleep makes paying attention difficult, increases impulsivity and may also increase irritability and depression.

For more information on conditions that affect mental health, resources and research, go to mentalhealth.gov, www.mentalhealth.gov or the NIMH website at www.nimh.nih.gov. In addition, the National Library of Medicine's MedlinePlus service (www.nlm.nih.gov/medlineplus/) has information on a wide variety of health topics, including conditions that

affect mental health. If you do not have Internet access and would like more information on the teen brain, contact the NIMH Information Resource Center at 1-866-615-6464 or 1-866-415-8051 (TTY toll-free).

National Institute of Mental Health – Office of Science Policy, Planning and Communication (Science Writing, Press & Dissemination Branch), 6001 Executive Boulevard, Room 6200, MSC 966, Bethesda, MD 20892-9663

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Teen Depression Study: Understanding Depression in Teenagers. Join a research study, enrolling from around the country.

To find out if you qualify, email NIMH or call 1-301-496-8381 (TTY: 1-866-411-1010).

Online: <https://www.nimh.nih.gov/labs-at-nimh/join-a-study/trials/childrens-studies/understanding-depression-in-teenagers.shtml>

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✱

School Smart



by Shelley M. Greggs, NCSP

Dear Readers, Parenting is hard work, and having the correct information about your child's development is crucial in making important decisions

with your children and for your children. In that light, I am passing along to you a very useful and informative article from the National Institute of Mental Health (NIMH) about the "teen brain" to read and share with your teens. I have included the NIMH contact address if you would like to request additional information. Also included is a short synopsis and contact information of a NIMH research study that is currently enrolling teens, ages 12 to 17, from around the country, who already have a diagnosis of depression. This study's focus is to identify the cause(s) of teen

depression.

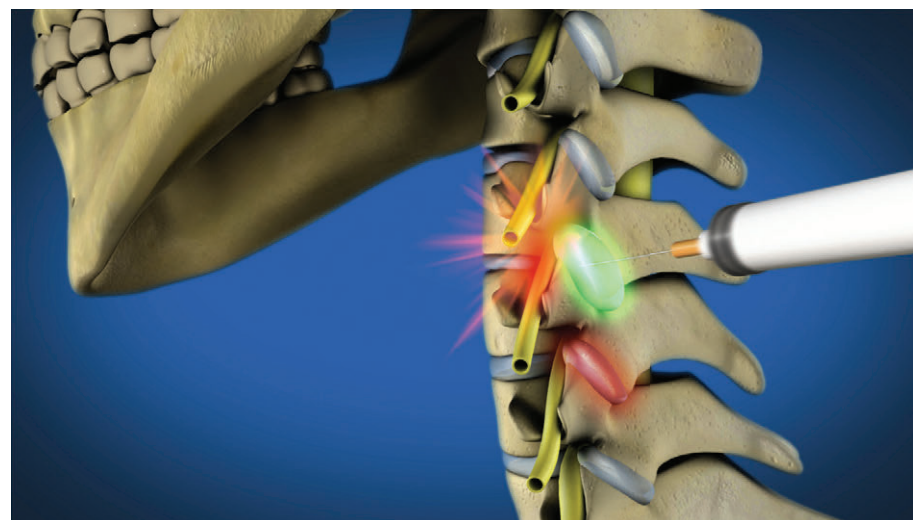
The Teen Brain: Six Things To Know – Did you know that big and important changes are happening to the brain during adolescence?

Here are six things to know about the teen brain:

Your Brain Does Not Keep Getting Bigger As You Get Older – For girls, the brain reaches its largest physical size around 11 years old and for boys, the brain reaches its largest physical size around age 14. Of course, this difference in age does not mean either boys or girls are smarter than one another.

But That Doesn't Mean Your Brain Is Done Maturing – For both boys and girls, although your brain may be as large as it will ever be, your brain doesn't finish developing and maturing until your mid- to late 20s. The front part of the brain, called the prefrontal cortex, is one of the last brain regions to mature. It is the area responsible for planning, prioritizing and controlling impulses.

The Teen Brain Is Ready To Learn And Adapt – In a digital world that is constantly changing, the adolescent brain is well prepared to adapt to new



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God's Not Dead Actor-Producer David AR White and Lifeline Family Center Founder/CEO Kathy Miller photos provided

Actor-Producer Speaks To Capacity Crowd

Even the standing room was gone for the 21st anniversary Benefit Dinner for Lifeline Family Center featuring God's Not Dead Actor-Producer David AR White.

White spoke about how dreaming big, perseverance and years of hard work led him to create *God's Not Dead*, the most successful independent faith-based film of all time. White's studio, Pure Flix, is the most successful Christian film production company in the industry.



Ivette Lodato and CTN10 manager Paul Lodato

More than 400 people attended the March 30 dinner at McGregor Baptist Church in Fort Myers.

The event raised \$92,000 for the work of Lifeline Family Center, which helps women in crisis pregnancies become self-supporting.

"We are very pleased that David AR White came to Southwest Florida to share his story and help all of us to have the courage to dream big. He is one of the most prolific filmmakers in the faith-based arena today," said Lifeline Family Center President and Founder Kathy Miller. "His message resonated with all believers."

The Rev. Dr. Daryl G. Donovan of Sanibel Community Church also spoke



From left, Ron Battle, Sylvia Battle, Joanne Atkins, Lifeline Family Center Board Member Fred Atkins and Lifeline Family Center Board Member Lazaro Miel

about the important work that Lifeline Family Center performs in Southwest Florida.

Major sponsors of the event were Glenn and Ada Ann Healey, The Breeze Newspapers, CTN10 Christian Television, Best Western Fort Myers Waterfront and Susan Bennett Marketing & Media.

Lifeline Family Center provides a home in Cape Coral for homeless young women in crisis pregnancies to help them become self-supporting through education, job training, parenting classes, professional counseling and spiritual guidance. It is the only residential program in Lee County for homeless young women in crisis pregnancies who are not part of the foster

care program.

The nonprofit organization serves up to 12 young women, ages 16 to 22, and up to 24 babies at a time. The non-profit also operates a 24/7 Pregnancy Phone Helpline, provides free pregnancy tests, free ultrasounds by appointment and does outreach to all areas of Lee County, including all college campuses.

Lifeline Family Center receives no government funding and is wholly dependent upon donations from generous individuals, churches and corporations as well as United Way funding.

For more information about Lifeline Family Center, visit www.LifelineFamilyCenter.org ✨

Wanderlust 2017 Culinary And Travel Extravaganza



The Ben Allen Band performed during Wanderlust 2017 at Six Bends Harley-Davidson photos provided

Florida Gulf Coast University (FGCU) recently hosted its 28th annual Wanderlust event at Six Bends Harley-Davidson. Produced by students within FGCU's School of Resort & Hospitality Management, the April 1 culinary and travel auction extravaganza will allow proceeds to benefit students within the resort and hospitality program through scholarships, conferences and training opportunities for students.✨



From left, John Naylor, Cecil and Jodi Pendergrass, Scott and Mary Fischer, Gary Tasman, Denise Vidussi and Karen Tasman



Scott and Mary Fischer



Wanderlust student committee members Leigh Pudwill and Laura Meritt with event emcee Stacey Deffenbaugh (center)



FGCU student volunteers participate in Wanderlust 2017 at Six Bends Harley-Davidson

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

After we retired, we moved to a lovely small town where many retired people lived. We joined the church and clubs and soon had a nice group of friends. Then, we realized after 10 years it was time to move closer to our one caring child. Five hundred miles was just too far in spite of visits, e-mails and the telephone.

We sold our house and before we left gave a goodbye party. We received very few cards at Christmas from our "friends." It didn't take long for us to realize that those who we thought were our friends were not, and now we realize we missed having deeper friendships with the people who have proven they were really our friends.

We are very hurt and disappointed, and now realize older people (and I hope this does not include us) just make very light touch acquaintances – out of sight, out of mind. Is this acceptable behavior in today's society?

Edwina

Dear Edwina,

I do not know if the behavior you describe is acceptable, it certainly is very common. Friendships are convenient and situational. Rarely are close meaningful relationships formed. It is disappointing, however, to think relationships are deeper only to find like yourself that the relationships are more situational.

I find in my travels that some older people have lifelong relationships, but fewer new relationships are formed because life can be uncertain due to moving and ever changing health status.

Pryce

Dear Edwina,

There is no doubt that friendships in all ages are situational.

People are attracted to others with similar interests. Older people who are well and able to be on the "GO" want to be with others who can also "GO."

Years ago, people did not move around but stayed in their own areas and had the same friends for many years – sometimes very boring.

Personally, I have moved around a lot and sometimes I try to keep contacts alive, but other times I do not. I also have three women friends that I have known for over 50 years. It is fun to talk to them for about 20 minutes. Their lives have changed and so has mine, and we no longer have much in common.

Lizzie

Lizzie and Pryce's email address is momandmeaging@hotmail.com.✉

Muscle Walk At Bell Tower

The Muscular Dystrophy Association is bringing strength to life for kids and adults with muscular dystrophy, ALS and related muscle-debilitating diseases in the local community.

The 2017 MDA Muscle Walk of Fort Myers will take place at the Bell Tower Shops on Saturday, May 6 at 6 p.m. Registration begins at 5:30 p.m. or preregister online at www.musclewalkmda.org/fortmyers.

The annual MDA Muscle Walk is a meaningful way for families, friends, neighbors and local businesses in Lee, Charlotte, and Collier counties to come together to raise critical awareness and funds for muscle-debilitating diseases that severely weaken muscle strength and mobility. The walk route is designed for participants of all ages and abilities, including a wheelchair and equipment-friendly course.

"There are kids and adults in our community living with muscular dystrophy and related diseases that take away everyday abilities like walking, hugging and even breathing," said MDA Executive Director Erin Randall. "When you support the MDA Muscle Walk of

Fort Myers, you can help change that by helping us fund urgently needed research, treatments and support that will help these individuals live longer and grow stronger."

More than 140 Muscle Walk events are expected to take place throughout the U.S. in 2017. Last year, dedicated participants raised \$8 million through Muscle Walk for MDA and more than \$33.8 million has been raised since Muscle Walk began in 2011.

Every dollar raised through Muscle Walk benefits MDA's mission to fund groundbreaking research across diseases and provide individuals with life-enhancing programs and support services, including state-of-the-art multidisciplinary care the MDA Care Center at Sarasota Memorial Hospital in Sarasota.

Funds raised also make MDA Summer Camp possible for SWFL kids where they can experience the best week of the year at no cost to their families at Rotary Camp in Brandon, Florida.

To learn more about the 2017 MDA Muscle Walk program and how to get involved, contact Erin Randall, Cindy Nichols or Megan Smith at the Fort Myers office at 437-6900 or visit www.mdateam.org✉

5K Walk/Run To Benefit Cancer Awareness

The statistics are startling. More than 4.6 million people were affected by head and neck cancers globally in 2013. It resulted in more than 362,000 deaths. The Head and Neck Cancer Alliance (HNCA) reports that together, head and neck cancers are now the fifth most common cancer in the world and the ninth most frequent cause of death from cancer. Data from the United States Cancer Institute says about three percent of all cancers nationwide are head and neck, affecting about one percent of people (more than 52,000 men and women annually) and impacting males twice as often as females. However, the HNCA reports that an increasing number are female.

To create more public awareness and funding to aid in education and prevention of these cancers, a 5K run/2 mile walk is scheduled for Saturday, April 29 at 8 a.m. at Century Link Sports Complex at Hammond Stadium. It is presented by 21st Century CARE.

Registration begins at 7 a.m. Chris Shaw with Fox 4 News will be the event emcee. Following the walk, awards, refreshments and random drawings will be held. Fundraising is encouraged to reach the goal of raising \$50,000, so consider donating as an individual or as a team. The link to register is www.bit.ly/2nbJuQ8.

[ly/2nbJuQ8](http://www.bit.ly/2nbJuQ8).

The event coincides with Oral, Head and Neck Cancer awareness week, which is April 2 through 9.

One hundred percent of the proceeds raised from the event stays in Southwest Florida to provide free community screenings, education and financial assistance for patients. Funding is used to cover items often not covered by insurance such as dental extractions, feeding tubes and supplies, and supplemental nutrition, as well as rehabilitation co-pays or full payment for the uninsured, gas cards and transportation to and from medical appointments.

This year's sponsors include 21st Century Oncology, Arthrex, Associates in Veterinary Medicine, Atos, Larry Brundage, Colliers International, Diangelis Diamond Construction, Ear Nose and Throat Specialists of Florida, Florida Cancer Specialists & Research Institute, Marie Gale, DDS, and Radiology Regional Center.

Head and neck cancer is a group of cancers that starts within the mouth, nose, throat, larynx, sinuses, or salivary glands. Symptoms may include a lump or sore that does not heal, a sore throat that does not go away, trouble swallowing, or a change in the voice. There may also be unusual bleeding, facial swelling, or trouble breathing. These cancers are also diagnosed more often among people over age 50 than they are among younger people. The average five-year survival following diagnosis in the developed world is 42 to 64 percent.✉

Doctor and Dietician

Can A Change In Diet Help With Depression?



by Ross Hauser, MD
and Marion Hauser, MS, RD

We write often about the benefits of a healthy diet, and discourage the consumption of processed and sugary foods due to its higher disease risk. But what about depression? Does the way we eat affect our mental health? Yes, it certainly does! Studies have demonstrated a link between food quality and mood.

Earlier this year, for instance, scientists in Australia showed positive results in their study utilizing the Mediterranean diet. This study was called *Supporting the Modification of Lifestyle in Lowered Emotional States* or SMILES. It included 67 patients with severe depression who were accustomed to eating a high intake

of processed, salty and sugary foods with a low intake of dietary fiber, lean proteins, fruits and vegetables. The patients were divided into two groups. The first group received nutritional counseling on a Mediterranean-style diet designed to be sustainable, palatable and satiating. It included a focus on whole grains, fresh vegetables, legumes, low-fat and unsweetened dairy, raw nuts, lean meat and eggs, and some wine. The control group received an equal number of sessions, but involving social support on topics of interest. The diet group had a 32 percent remission of their symptoms, while the social group only recorded a 8 percent decline. These results showed quite a significant reduction in symptoms of major depression with healthier eating habits.

Depression increases the risk of chronic illnesses, such as diabetes and heart disease. Healthy eating, on the other hand, not only aids in decreasing the risk of these other chronic illnesses, but also reduces symptoms of depression. Avoiding processed and sugary foods and, instead, consuming fresh fruits, vegetables, lean meats and healthy fats is an excellent way to boost your physical and mental health, with no added side effects. Never underestimate the power of food!

This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.✉

dearRPharmacist

How Popular Medications Can Lead To Depression



by Suzy Cohen, RPh

Dear Readers: What I'm about to tell you has been known for years, though I'm just worried you don't personally know. So I'm going to tell you about another 'drug mugger.' This is a very important depletion because it

has to do with a popular medication and an anti-cancer nutrient you need to avoid depression.

Carbamazepine is a popular anti-epilepsy drug and works by suppressing nerve impulses that trigger seizures. It's quite effective for certain types of seizure disorders and sometimes used for diabetic neuropathy, bipolar disorder and trigeminal neuralgia, a facial pain syndrome.

According to a 2016 study published in the journal *Clinical Laboratory*, the drug seems to significantly reduce levels of both vitamin B12 (methylcobalamin) as well as natural folate, also called Vitamin B9.

1. Folate plays a huge role in cell and tissue growth. You have trillions of cells, and the crystalline DNA strands in each cell are highly susceptible to harm. Folate encourages DNA synthesis and repair of

'injured' strands. Folate is needed for red blood cells and to make iron in the body.

So if you take a drug mugger of folate like carbamazepine (and there are over 150 other medications), then you need to be aware of this depletion. I'm not saying to take folate supplements either. I'll explain why at the end of this article. Right now, I want to make the case for what happens to you when you take a drug mugger of natural folate (B9).

2) Where folate levels fall, especially in combination with B12 deficiency, homocysteine rises and this is a known risk factor for heart attacks. Homocysteine can also act as a neurotoxin causing brain fog.

3) Your body also requires folate to convert compounds in your brain into happy neurotransmitters and sleep hormones. In particular, folate is required to make more of your happy hormones like serotonin and dopamine. Folate deficiencies definitely play a role in depression and tearfulness, pre-menstrual moodiness and suicidal ideation. There's even a drug version of folate called Deplin on the market, but it's a stronger version of the same natural folate you can eat or supplement with.

By the way, natural folate is superior to "folic acid," a synthetic form, at least in my opinion. I'll explain this and give you other medications that deplete folate if you go to my website and read the longer version of this article.

Be very careful supplementing with folate vitamins because it can block the effect of your seizure medicine. The mechanism of action of anti-seizure drugs requires suppression of folate (in some cases) so don't just go and supplement. Ask your doctor first and, if permitted, use very low doses and separate from the

medication. In some cases, you will not want to supplement at all with a dietary supplement. However, it might be okay to eat leafy greens which are very high in natural folate. Again, talk to your physician.

Eden Energy Medicine

Release Neck And Shoulder Tension



by Karen L. Semmelman, Certified EEM, JD, AAML (03-01)

Playing with Facebook all day? Watching your favorite sports teams lose? Worrying about that presentation tomorrow? Feeling

your posture is like a turtle? Ummm... Eden Energy Medicine to the rescue! This exercise is easy, and although it does not directly use EEM techniques, it works like a charm to release that tension held between the shoulder blades, top of shoulder and neck area.

1. Stand with your arms hanging down the sides of your body. Make tight fists engaging all the muscles in your arms and shoulders.

2. Lift your shoulders as high as

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com. ✨

possible while continuing to engage the muscles. While the shoulders are held high, roll your head to the right and hold for two breaths. Roll your head to the left and hold for two breaths.

3. Repeat until you feel the muscles begin to relax.

4. Repeat several times each day as you feel the tension starting to seep back.

The benefit of this exercise is to soften knots in the muscles, to break up calcium deposits (that may be the little crackling/snapping sound you hear) and to expand the space between the cells to enable energy to move more easily. As you continue these new patterns, you are resetting the body's response to tension, and it will begin to respond more quickly each time you do the repatterning.

As a bonus, tap around the tight muscles with a bristled hairbrush. Each prong helps break up congested energy. Enjoy the relief!

If you have a question, email Karen at SemmEnergyCenter@gmail.com or visit www.semmelmanenergy.com. EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions. ✨



Relay For Life Festival participants from a past event at Lakes Park

photo provided

Relay For Life Fundraiser Fest

The annual Fort Myers Relay for Life Fundraising Festival will be held from 10 a.m. to 10 p.m. Saturday, April 29 at Lakes Regional Park at 7330 Gladiolus Drive in Fort Myers. The event features a wide variety of entertainment, games, food vendors and other activities with appeal to both young and old. All proceeds from the event support the American Cancer Society.

The central focus of the event will still be a marked track where people can walk laps to celebrate cancer survivors,

recognize individuals who are or have been caregivers to cancer patients and commemorate family and friends who have died because of the dread disease. The track is surrounded by booths filled with volunteer teams offering food items, raffles, games of chance and skill and other interactive opportunities.

The theme of the event is Super Heroes and Heroines Fighting Cancer. Team members and their booths will be decorated to the theme and visitors are invited to dress up as their favorite superhero character.

Entertainment on the main stage features musical groups including the North Fort Myers Academy Steel Drum Ensemble, The Collective, Mark Edward

and Mike Spain. There will also be "just for fun" events like the Cupcake Relay, the Spiderman vs. food competition, the Mr. Freeze t-shirt contest and the Ms. Relay judging of the best super heroin and super villainess costumes. Attendees can also visit the giant bounce house, participate in any of the themed walking laps or watch the various competitions including tug of war, volleyball and the superhero scavenger hunt.

The moving Luminaria Lap will be held at 9 p.m. For this lap, all the lights are put out and the only illumination on the track comes from luminarias that are purchased and lit in memory of someone who has died from or survived cancer. A bagpipe and drum corps leads walkers carrying their own candles in this solemn memorial lap.

To honor those who have survived the fight against cancer, there will be A Survivor Coffee and Treats event from 10:30 to 11:30 a.m., a Survivor bingo from 2:30 to 3:30 p.m. and a Survivor Dinner from 5:30 to 6:30 p.m. These events are open to any cancer survivor. Simply sign up at the Fortress of Solitude Survivor Lodge.

Other special events include the official Opening Ceremony at noon, the Memorial Chair ceremony at 8:45 p.m. and the Fight Back ceremony at 9:30 p.m.

The structure of the event has shifted from a 24-hour format beginning Friday and running through Saturday to a more family-friendly format concentrated on just

Saturday.

"We believe that the one-day structure will have a lot more appeal to everyone," explained Sarah Applegate, event leader for the Fort Myers Relay for Life. "We know families have busy schedules, so they can pick a time to attend that is convenient for them. Our survivors can participate as much or as little as they want. But whenever you want to come, there will be something fun for everyone, and the cause is so important."

Relay for Life events, run totally by volunteers, are the number one fund raising activity for the American Cancer Society. The great thing about Relay events is the fact that, except for a small amount of contributions set aside for research, all the remaining funds stay in Lee County and are used entirely to support programs available to those in Lee County who are suffering from cancer, have survived cancer or are caring for someone battling cancer.

There are a wide variety of programs and assistance available to Lee County residents either suffering from someone serving as a caregiver to someone suffering from cancer.

For more information on cancer assistance programs, contact Amanda Dreszer at 936-1113. For more information about the Fort Myers Relay for Life Festival, contact Sarah Applegate at 719-660-6649 or email sapplegate5200@gmail.com. ✨



Char-Grilled Mahi-Mahi with Vegetables

photo courtesy Fresh From Florida

**Char-Grilled Mahi-Mahi with Vegetables**

4 six-ounce mahi-mahi fillets
 16 fresh okras
 2 zucchinis, sliced into 1/4-inch rounds
 2 large yellow squash, sliced into 1/4-inch rounds
 2 bell peppers, sliced large
 1 1/2 tablespoons olive oil
 12 grape tomatoes, for garnish
 4 sprigs fresh Florida basil, for garnish
 Preheat charcoal or gas grill to medium-high.
 Add all the vegetables to a large mixing bowl.

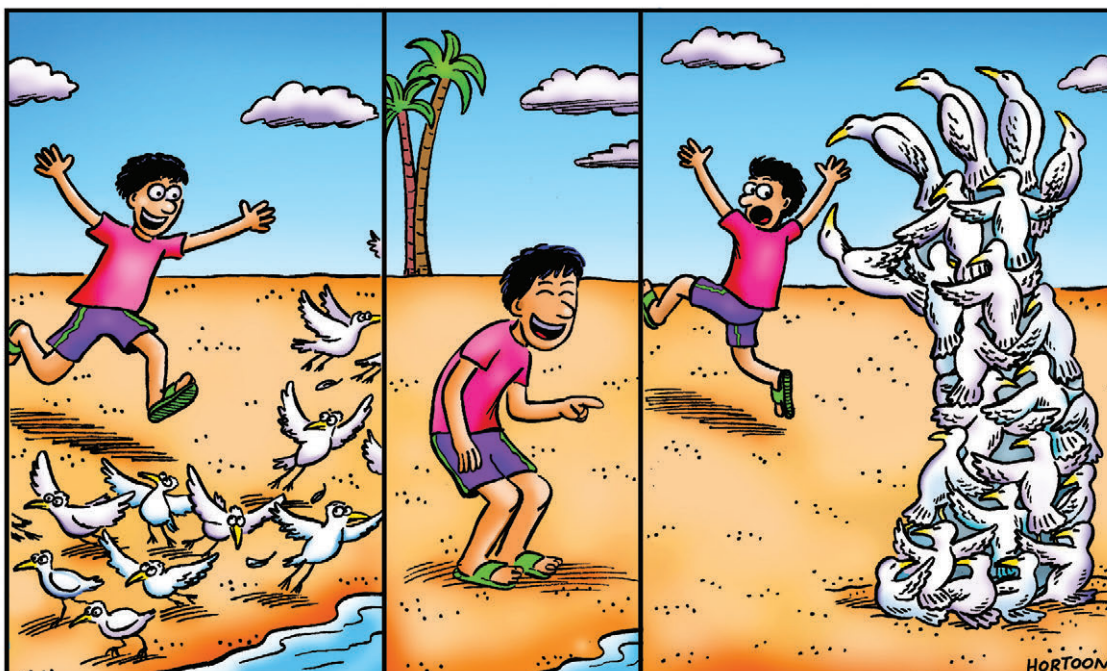
Add the olive oil and seasoning blend to the sliced vegetables and mix lightly until coated. Lightly season the mahi-mahi fillets with salt and pepper. Carefully place the seasoned vegetables and fish on the hot grill. The vegetables should cook rather quickly; keep checking the underside of the vegetables for grill marks. Flip over the vegetables and continue to work the grilling surface by moving the vegetables around to the hot spot for even cooking.

Grill steaks over medium-high heat for 4 minutes per side or until cooked through. The vegetables should have nice char-grill marks on them and the texture should be crisp-tender. Remove the vegetables from the grill as they become your desired doneness.

To serve, arrange an even amount of grilled vegetables on each plate. Add a fish fillet on top of the grilled vegetables. Garnish with grape tomatoes and fresh herbs.

Yields four servings.*

HORTOONS



HORTON

THE RIVER WEEKLY NEWS

| | |
|--------------------------------------|----------------|
| Emergency | 911 |
| Lee County Sheriff's Office | 477-1200 |
| Florida Marine Patrol | 332-6966 |
| Florida Highway Patrol | 278-7100 |
| Poison Control | 1-800-282-3171 |
| HealthPark Medical Center | 1-800-936-5321 |
| Ft. Myers Chamber of Commerce | 332-3624 |
| Foundation for Quality Childcare | 425-2685 |
| Fort Myers Beach Chamber of Commerce | 454-7500 |
| Fort Myers Beach Library | 463-9691 |
| Lakes Regional Library | 533-4000 |
| Lee County Chamber of Commerce | 931-0931 |
| Post Office | 1-800-275-8777 |
| Visitor & Convention Bureau | 338-3500 |

ARTS

| | |
|---|--------------|
| Alliance for the Arts | 939-2787 |
| Arts For ACT Gallery & Studio | 337-5050 |
| Art League Of Fort Myers | 275-3970 |
| Barbara B. Mann Performing Arts Hall | 481-4849 |
| BIG ARTS | 395-0900 |
| Broadway Palm Dinner Theatre | 278-4422 |
| Cultural Park Theatre | 772-5862 |
| Edison Festival of Light | 334-2999 |
| Florida Repertory Theatre at the Arcade | 332-4488 |
| Florida West Arts | 948-4427 |
| Fort Myers Symphonic Mastersingers | 288-2535 |
| Gulf Coast Symphony | 489-1800 |
| Harmony Chorus, Charles Sutter, Pres | 481-8059 |
| Naples Philharmonic | 239-597-1111 |
| The Schoolhouse Theater | 472-6862 |
| SW Florida Symphony | 418-0996 |
| Theatre Conspiracy | 936-3239 |
| Young Artists Awards | 574-9321 |

CLUBS & ORGANIZATIONS

| | |
|---|----------------------|
| Angel Flight | 1-877-4AN-ANGEL |
| Animal Refuge Center | 731-3535 |
| American Business Women Association | 357-6755 |
| Audubon of SWFL | 339-8046 |
| Audubon Society | 472-3156 |
| Caloosahatchee Chapter DAR | 482-1366 |
| Caloosahatchee Folk Society | 321-4620 |
| Cape Chorale Barbershop Chorus | 1-855-425-3631 |
| Cape Coral Stamp Club | 542-9153 |
| duPont Company Retirees | 454-1083 |
| Edison Porcelain Artists | 415-2484 |
| Embroiderers Guild of America - Sea Grape Chapter | 239-267-1990 |
| FM UDC Chapter 2614 - United Daughters of the Confederacy | 728-3743 |
| Friendship Force Of SW FL | 561-9164 |
| Garden Club of Cape Coral | 239-257-2654 |
| Horticulture and Tea Society | 472-8334 |
| Horticultural Society | 472-6940 |
| Lee County Genealogical Society | 549-9625 |
| Lee Trust for Historic Preservation | 939-7278 |
| NARFE (National Active & Retired Federal Employees) | 482-6713 |
| Navy Seabees Veterans of America | 731-1901 |
| Paradise Iowa Club of SWFL | 667-1354 |
| Sons of Confederate Veterans | 332-2408 |
| Southwest Florida Fencing Academy | 939-1338 |
| Southwest Florida Music Association | 561-2118 |
| Kiwanis Fort Myers Beach | 765-4254 or 454-8090 |
| Kiwanis Fort Myers Edison | 694-1056 |
| Kiwanis Fort Myers South | 691-1405 |
| Gateway to the Islands | 218-5768 |
| Iona-McGregor | 482-0869 |
| Lions Club Fort Myers Beach | 463-9738 |
| Lions Club Fort Myers High Noon | 466-4228 |
| Lions Club Estero/South Fort Myers | 898-1921 |
| Notre Dame Club of Lee County | 768-0417 |
| Organ Transplant Recipients of SW Florida | 247-3073 |
| POLO Club of Lee County | 477-4906 |
| Rotary Club of Fort Myers | 332-8158 |
| Sanibel-Captiva Orchid Society | 472-6940 |
| United Way of Lee County | 433-2000 |
| United Way 211 Helpline (24 hour) | 211 or 433-3900 |

AREA ATTRACTIONS

| | |
|---|--------------|
| Bailey-Matthews Shell Museum | 395-2233 |
| Burrough's Home | 337-9505 |
| Calusa Nature Center & Planetarium | 275-3435 |
| Edison & Ford Winter Estates | 334-7419 |
| Fort Myers Skate Park | 321-7558 |
| Imaginarium Hands-On Museum & Aquarium | 321-7420 |
| JN "Ding" Darling National Wildlife Refuge | 472-1100 |
| Koreshan State Historic Site | 239-992-0311 |
| Langford Kingston Home | 239-334-2550 |
| Ostego Bay Foundation Marine Science Center | 765-8101 |
| Skatium | 321-7510 |
| Southwest Florida Historical Society | 939-4044 |
| Southwest Florida Museum of History | 321-7430 |
| True Tours | 945-0405 |

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 press@riverweekly.com

PUZZLES

Answers on page 29

Super Crossword KP DUTY

- ACROSS**
- 1 Sinks in mud
6 Baloney
14 Place to exit
20 As a whole
21 Information collection
22 Jumbo size at Starbucks
23 College for chumps?
25 Keep in custody
26 "The plan was OK'd"
27 Race pace
29 Clark of film
30 Classic Olds
31 Like a bathing fish?
38 "... unless I'm wrong"
41 "It's — bet" ("You can't lose")
42 Musical knock
43 "... — ye be judged"
44 Pudgy bodies?
48 Steeped drinks
50 Pitcher Warren
51 Mauna —
53 City in Southern Iraq
57 — -faire (tact)
- 60 House with a leaky roof?
66 Make revisions to
67 Sea, to Jules
68 Obscure
69 Wine cask
70 Fighter giving people the willies?
75 Santa — Mountains
76 Some raincoats
79 Nickel source, e.g.
80 Frequently
82 Drink mishap in a Silicon Valley office?
86 Gleaming
87 New Mexico or Colorado county
88 Pompom user's cry
89 Steve of country rock
91 Stork's kin
94 Like a piano score full of black notes?
101 Relaxing facilities
104 "— Na Na" (TV oldie)
106 Stoop (to)
107 Pop singer Cassidy
- 108 Record one's finest film scene?
113 Org. backing arms
114 Rival of Advil
115 "How sweet —!"
116 Start of a famous JFK quote
119 Grieve for
121 Result of a superhero's careless dressing?
127 Card game akin to whist
128 Peruse
129 Hall's partner in pop
130 Realty listing
131 Lengthy journeys
132 Extort (from)
- DOWN**
- 1 "Number two" golf club
2 Gestating
3 Ice-T number
4 Philosopher
5 Garden pest
6 401, to Livy
7 Loo
8 Consumed
9 Hole statistic
10 "Conan" channel
11 Bonnie of song
12 Houston baseball pro
13 Mexican cactus
14 LAX takeoff guess
15 Kind of shorthand
16 Marketing of goods in stores, usually
17 Authorize
18 Makes silent
19 Most sound
24 Tel. book listings
28 "How's —?"
32 Curse word
33 Organized bodies: Abbr.
34 "— -leeze!" ("Spare me!")
35 Time span
36 Funds added to a bank acct.
37 Afore
39 Director Welles
40 Slightly warm
45 Alpine river
46 Giant Manning
47 Junior, often
49 Help in crime
52 James with a 1958 Pulitzer
54 Tiers
55 "Oh, God!" director Carl
56 Obscure
57 Starts, as a task
58 Charm
59 Grand Canal city
61 Trauma-trained pro
62 Long, thin fish
63 Hosp. area
64 Wichita-to-Houston dir.
65 Bounce
70 "— Mir Bist Du Schön" (1938 hit)
71 Brow's curve
72 Romanov title
73 Shout, in Lille
74 Family mem.
77 Six-time U.S. Open winner
78 Radio tuner
80 Eyes
81 Bone cover
83 — Vegas
84 "Quiet!"
85 Janet of "Psycho"
86 Pound noise
90 Year, to Livy
92 Equal: Prefix
93 Feng —
95 Radio spots
96 On Soc. Sec., say
97 Greek letters
98 Bitter-tasting chemical salt
99 "Madagascar 3: — Most Wanted" (2012 sequel)
100 "CSI" procedure
101 More banal
102 Kingly home
103 Tarzan, e.g.
105 Conductor Toscanini
109 Gossipy type
110 Two-legged creature
111 Op-ed piece
112 Large playing marble
117 Skiing base
118 1980s Chrysler
120 — Aviv
122 Carders ask to see them
123 Two, to Juan
124 Eden exile
125 Actress Susan
126 Choice words?

| | | | | | | | | | | | | | | | | | | | | |
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| 44 | | | | | | 45 | | | | | | 46 | 47 | | 48 | 49 | | | | |
| | | | | 50 | | | | | | | 51 | 52 | | | 53 | | 54 | 55 | 56 | |
| 57 | 58 | 59 | | | | | 60 | 61 | 62 | 63 | | | | 64 | 65 | | | | | |
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| | | | | 91 | | 92 | 93 | | 94 | | 95 | 96 | 97 | | | | | 98 | 99 | 100 |
| 101 | 102 | 103 | | | | 104 | | | 105 | | 106 | | | | | | 107 | | | |
| 108 | | | | | | 109 | | | | | 110 | 111 | | | | | | | | |
| 114 | | | | | | | | | | | | | | | | | | | | |
| | | | | | | 115 | | | | | | | | | | 116 | 117 | 118 | | |
| 119 | | | | | | | | | | | | | | | | | | | | |
| 127 | | | | | | | | | | | | | | | | | | | | |
| 130 | | | | | | | | | | | | | | | | | | | | |

King Crossword

- ACROSS**
- 1 Emanation
5 Comedian DeLuise
8 Edinburgh dweller
12 Quarrel
13 — budget
14 Color quality
15 Think about
17 Erstwhile Peruvian
18 Mean
19 Animal shelter
21 Corroded
22 H.H. Munro's pseudonym
23 Handy Latin abbr.
26 Bobby of hockey lore
28 Celebrate
31 Cheer (for)
33 Still
35 Guns the engine
36 Literary category
38 With 46-Down, shared fairly
40 Scarlet
41 Bound
43 Billboards
45 Black eye, e.g.
47 Proof that you're who you say you are
- 4 Bewildered
5 Unsteady, as from old age
6 Inseparable
7 Report card data
8 Scoundrel
9 Underhanded one
10 Fairy tale starter
11 Blue hue
16 Grooving on
20 Listener
23 Work unit
24 Pirouette pivot
25 Magician
27 Agt.
- 29 First lady
30 Leary's drug
32 Platitudes
34 Coached
37 Type measures
39 Probability
42 Pie nut
44 Diving gear
45 Seethe
46 See
48 38-Across
49 Prayer ending
50 Actress Russo
53 Sketched
55 Tramcar contents
- DOWN**
- 1 Spore cases
2 Word after 10-Down
3 Carry on

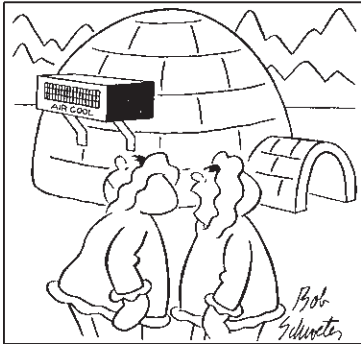
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| 12 | | | | | 13 | | | | 14 | | | |
| 15 | | | | | 16 | | | | 17 | | | |
| 18 | | | | | | | | 19 | 20 | | | |
| | | | | 21 | | | | 22 | | | | |
| 23 | 24 | 25 | | | 26 | | 27 | | 28 | | 29 | 30 |
| 31 | | | 32 | | 33 | | 34 | | 35 | | | |
| 36 | | | | 37 | | 38 | | 39 | | 40 | | |
| | | | 41 | | | 42 | | 43 | | 44 | | |
| 45 | 46 | | | | | | 47 | | | 48 | 49 | 50 |
| 51 | | | | | | 52 | 53 | | | | | |
| 54 | | | | | | 55 | | | | 56 | | |
| 57 | | | | | | 58 | | | | 59 | | |

MAGIC MAZE — CASE

D B Y V S Q N K H E B Y W T R
O L J G E B Y W U R P P N K E
I G D B Z X V M S Q O M I T V
K I G E C A Y U W U S Q T L I
P N L W J K H M B R I E F F S
E C A Y O N X M V I R H U S S
Q P N O R D I Y M A E C M K E
J H B F A E N L G T P A L E S
C B Z Y E X W I O S P T I U S
V U T R G Q C O W I U T F P O
O M L K I H G E L E V A R T P

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Attache Book Brief Cigarette
Film Gear Lower Mummy
Possessive Slip Stair Suit
Travel Upper Window



"He was the best darn

I ever met!"

answer on page 29

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Dismay
MARAL

Twist
GLEAN

Calm
BESALT

Gone
STABEN

TODAY'S WORD

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 5 | | | 1 | | | | 2 | |
| | | 9 | | 8 | | 5 | | |
| | 8 | | | 7 | 4 | | | 3 |
| | | 6 | | 3 | | | 8 | |
| 3 | | | 9 | | | | | 1 |
| | 7 | | | | 5 | 4 | | |
| | | 7 | | | 6 | | 5 | |
| 9 | | | 8 | | | | | 6 |
| | 1 | | | 2 | | 3 | | |

SUDOKU

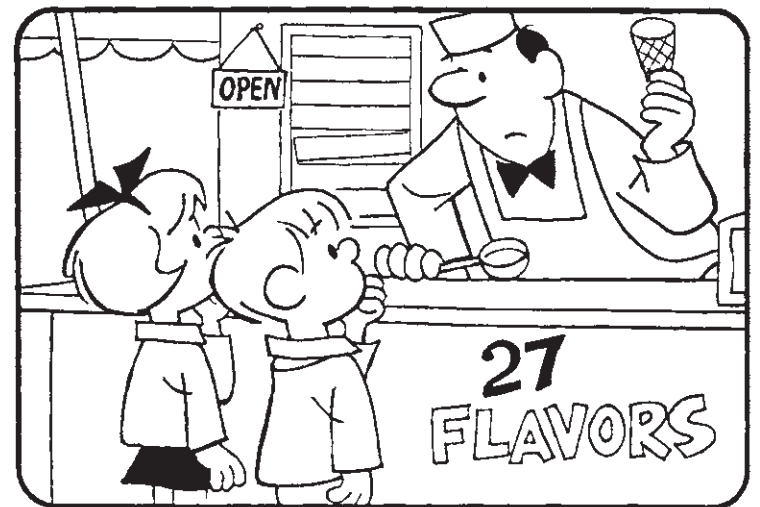
To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

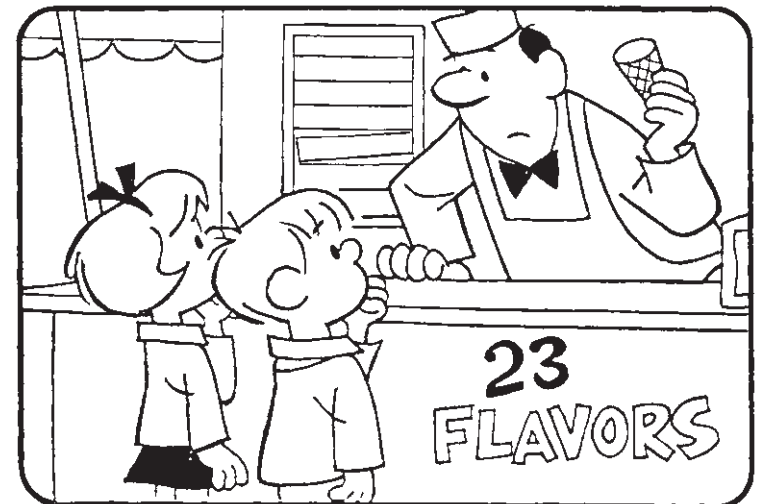
answer on page 29

HOCUS-FOCUS

BY
HENRY BOLTIHOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Bow is smaller. 2. Sign is missing. 3. Jacket is slimmer. 4. Scoop is missing. 5. Number is different. 6. Ice cream cone is moved.

Science Matters To Our Coastlines

submitted by Ken Gooderham
ASBPA Managing Director

Years – even decades – of experience has proven that sound science is essential for sound coastal management and protection. So any efforts to undercut coastal science, either by cuts in funding or a general dismissive attitude, is cause for concern.

Early calls for drastic budget cuts in federal spending for crucial coastal agencies warrant the attention of coastal communities, both to support essential coastal science services at the federal level and to better understand the vital role some of these otherwise obscure agencies and programs play in protecting our coast.

Take the National Oceanic and Atmospheric Administration (NOAA), which was targeted for a 17 percent cut in the initial budget blueprint. NOAA not only conducts vital coastal research directly (through its Sea Grant programs as well as other initiatives), but it also funds the work of others in building coastal science efforts.

Oh, and the agency also is home for the National Hurricane Center and

its attendant forecasters and satellites, which certainly should get the attention of any coastal resident who has every spent some time in the storm track bullseye.

In case anyone is unclear why science matters to our coast, let us hit the high points:

- Sound science is the basis for sound policy. By working with factual and reproducible outcomes based on rigorous scientific research, officials can craft policies based on facts rather than opinions. Since science also explores the implications of a hypothesis, policies based on sound science stand a better chance of resulting in predicted benefits – and avoiding unintended impacts.

- Science seeks solutions, a better outcome for our coasts. If you start with an observed problem to search for a remedy, and pursue methods that can consistently return a predictable outcome, you have a much better chance of arriving at a hypothesis that can stand up over time – just what our coasts need.

- Good science takes time – and money. Not a lot of money, necessarily, but enough money paired with enough time, which means inconsistent funding can slow or even stop scientific advances. Scientific advances are often cumulative and institutional, best

achieved when research can build upon that which has already been discerned and confirmed to achieve something amazingly new.

- Public science equals public benefit (and private too). Federal funding for scientific work usually helps keep those results in the public arena, where others can benefit from findings – in both the public and private sector. Much private innovation is inspired by public science and research, making it a very wise investment.

- Data is the building block of research, and federal agencies are often the biggest and best collectors of data around. This kind of collection drives academic and private research, as well as public science... and losing that capacity even slightly has a big impact.

- We can't forget the basics. For all the innovation and modeling that fuels coastal science, there is still basic science needed to help better manage our coasts. By funding basic data and on-the-ground research, federal funding can make already good coastal science even better by helping coastal professionals better understand the rudimentary physics that craft our coasts.

- Opinions are great for arguments, but scientific facts are crucial for solutions. Unfortunately, right now

much of the federal debate is fueled by opinions – entertaining theater, perhaps, but of little use in solving our more pressing problems. If coastal communities are concerned about sea level change, meteorological trends, the changing composition of our oceans and estuaries – hey, even just the track and strength of an approaching storm – they will want data, not dictums, and facts over feelings.

It is early in the federal budgeting process, and Congress does have the final say over what an administration proposes in spending. However, when it comes to support for sound science, coastal communities don't have the luxury of complacency in hopes that members of Congress will sort all this out to their satisfaction.

When the noise coming out of Washington is more yelling than debating, and when things that we used to take for granted are fast becoming the exception rather than the norm, the folks back home have an obligation to speak out in defense of good coastal science and policy.

After all, when a coastal crisis strikes, it's the residents and businesses in that coastal community who bear the brunt of how good (or how bad) that science and those policies really are.✱

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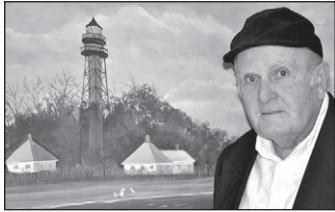
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* 4/21 CC 4/21

PETS OF THE WEEK

Lee County Domestic Animal Services
June And Rocky



June ID# 694262

June is a 3-year-old female domestic shorthair who is a sweet Calico that enjoys being with people. Other cats, however, not so much. She would prefer to be an only cat and rule the roost. She is a fun-loving girl that likes to play and chase her cat toys.

Her adoption fee is Pick Your Price, \$5 to \$30 (pick an Easter egg and the price is inside).

Rocky is a 4-year-old male chihuahua who is little dog with a big dog personality. He is full of energy for a short period of time and then is completely happy to snooze in your lap. This pint-sized guy is a great dog for a family that can be home with him.

His adoption fee is Pick Your Price, \$5 to \$30 (pick an Easter egg and the price is inside).

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office



Rocky ID# 693703

off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.*

Haven on Earth Animal League

Gumdrop And Molly

Hi there! I'm Gumdrop. I am such a sweet little guy just waiting for someone to take me home. I like to purr nonstop. I'm only three months old, and I have beautiful bright green eyes. Visit me at the Petco at Gulf Coast Town Center. I'm neutered and up to date on all vaccines. My adoption fee is \$125. To find out more about me, call Diane at 860-833-4472 or email Haven on Earth Animal League at havenonearthanimalleague@yahoo.com.

Hello, my name is Molly. I am a very loveable, female tortoiseshell tabby with beautiful markings. I'm four years old, and I have a very quiet disposition. I'm spayed and up to date on all vaccines.



Gumdrop



Molly

My adoption fee is \$100. I am currently residing at the PetSmart at the corner of Colonial Boulevard and Six Mile Cypress Parkway. Drop by and adopt me so I can have a home of my own. To find out more about me, call Diane at 860-833-4472 or email Haven on Earth Animal League at havenonearthanimalleague@yahoo.com.

We are being cared for by Haven on Earth Animal League. For more information, email havenonearthanimalleague@yahoo.com.*



Hugo
PAWS Of Sanibel

PAWS is trying to find a temporary foster for a dog, as soon as possible, while the owner continues to undergo cancer treatment, which is taking longer than anticipated and won't be completed until July. The dog has been staying with friends since last fall, and the arrangement has been working great. However, they can only continue fostering him for a couple of more weeks. The family is staying with relatives on Sanibel, but they are in a condo that doesn't allow pets. They would love to be able to visit with the dog and walk him. They would provide all food, etc.

Hugo is around 3 years old and much like a big teenager. He is a vivacious black labrador with a little mastiff mix. He knows basic commands. He does great with other dogs, but so-so with cats. He would do well with an experienced dog owner. He is a large healthy dog. He can go in his kennel to sleep, to rest and for a time-out.

He eats two scoops of food, one in the a.m. and one in the p.m. Food, bowl, kennel and supplies will be provided.

If you can help in any way, or foster this sweet dog, call Pam at PAWS at 472-4823.*

Top 10 Real Estate Sales

| Subdivision | City | Year Built | Square Footage | Listing Price | Selling Price | Days On Market |
|-----------------------------------|------------------|------------|----------------|---------------|---------------|----------------|
| Gulf Harbour Yacht & Country Club | Fort Myers | 2006 | 6,168 | \$2,495,000 | \$2,025,000 | 184 |
| Cape Harbour | Cape Coral | 2007 | 5,239 | \$2,400,000 | \$2,160,000 | 97 |
| Creekside | Bonita Springs | 1997 | 5,342 | \$2,350,000 | \$2,025,000 | 91 |
| Creekside | Bonita Springs | 1996 | 3,999 | \$1,825,000 | \$1,725,000 | 82 |
| Captiva Beach | Captiva | 1958 | 1,028 | \$1,575,000 | \$1,499,500 | 16 |
| Verona Lago | Miromar Lakes | 2002 | 3,633 | \$1,495,000 | \$1,300,000 | 14 |
| Cape Coral | Cape Coral | 2013 | 3,430 | \$1,299,000 | \$1,225,000 | 129 |
| Dinkins Bayou | Sanibel | 1987 | 2,498 | \$1,235,000 | \$1,225,000 | 196 |
| Palermo | Bonita Springs | 2002 | 2,910 | \$1,249,000 | \$1,200,000 | 71 |
| Venetian Gardens | Fort Myers Beach | 2014 | 3,066 | \$1,195,000 | \$1,100,000 | 310 |



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